

Lac La Biche & Region Community Pocket Directory 2015

**Getting Help:
When and how?
What kind of help is available?**

**This brochure is
sponsored by:**

**Lac La Biche
Interagency
&
Lac La Biche County
FCSS**



*Lac La Biche County
welcoming by nature.*

EMERGENCY

LLB Protective Services 623-6767

**Ambulance/Fire Alarm/ RCMP
(24 Hours) 911**

Report a Fire

1-800-642-Fire(3473)

Crime Stoppers 1-800-222-847

Hospital (W.J. Cadzow Health Centre)
623-4404

Child Abuse Hotline (24 hrs)
1-800-387-5437

Kids Help Line (24 hrs)
1-800-668-6868

Gambling Hot Line (24 hrs)
1-800-665-9676

Men's Emergency Shelter (Nov-April ONLY)
623-1073

Mental Health Crisis Line 1-877-303-2642

Poison Control Centre 1-800-332-1414

Family Violence Info. Line 310-1818

Bullying Help Line 1-888-456-2323

Police—RCMP (Day) 623-4012
(Emergency) 623-4380

Victims Services 623-7770

Women's Shelter-Hope Haven (24 hrs)
1-866-727-4673

Lac La Biche shelter office 623-3100

Community Services

Addictions-AHS 623-5227

Adult Education

C.L.A.S.S. 623-5544

Literacy Help Line 1-800-767-3231

Program for Adult Learning 623-2477

A.I.D.S./S.T.D. Hotline(24 hrs)
1-800-772-2437

Beaver Lake Wah-Pow Detox & Treatment Ctr.
623-2553

Can Native Friendship Center 623-3249

Counseling

Bluebird Counseling 623-7291

Caritas Services 623-3910

Sykes, Kristin 623-8795

EmployAbilities 623-1281

Family Violence Program 623-3104

Funeral Services

LLB Mission View 623-1815

Greater North Foundation

LLB Housing 623-3331

Home Visitation Program 623-9640

Human Services (formally Alberta

Employment & Immigration) 623-5215

Impaired Drivers Program 1-800-272-5698

Youth & Family Services

Aboriginal Head Start:

Buffalo Lake 689-3855

Kikino 623-7001

Lac La Biche 623-3641

Heart Lake 623-2833

Big Brothers Big Sisters 623-0380

Plamondon Youth Center 798-3284

Care to Learn Preschool 623-3704

Kids Stuff Playschool 623-2970

Hand in Hand Playschool 798-3840

Francophone Playschool 798-2045

LLB Child Care Assoc. 623-5690

Little Sprouts Child Care 623-4110

New Horizons Youth Centre 623-3249

North Central Alberta Child & Family

Services Authority, Region 7 623-5429

Northern Lights School Div.#69

1-888-826-3145/623-2222/4414

Parent Link Center Lac La Biche 623-6365

Plamondon & Wandering River Community

Resource Soc.(messages only) 771-2400

Youth Assessment Centre 623-5266

Your Special Numbers

LLB County & Community Services

Lac La Biche County 623-1747

Bold Center 623-3829

Portage Pool 623-6777

FCSS 623-7979

Seniors Assistance Information

623-6726

Recreation Program coordinator 623-6351

Water & Gas leaks after hours 623-7494

LLB Disability Services 623-2800

Metis Nation, Zone 1 623-3039

Portage College 623-5551

Seniors Centers

Craigend Snrs. Club 623-7872

Hylo/Venice Snrs. Centre 623-4501

LLB Heritage Centre 623-8350

Plamondon Pioneers 798-3239

Rich Lake Pioneers 726-2104

Lacalta Lodge (senior Home) 623-4364

Plamondon Villa 798-3834

Health Related Services

Alberta Health 310-0000 or 349-8705

Community Health Services &

Home Care

Beaver Lake 623-4276

Buffalo Lake 623-4471

Kikino 623-7797

Lac La Biche 623-4471

Heart Lake Lena Obichon 623-7477

Health Link 1-866-408-5465

Gateway Dental Clinic 623-4226

Associated Med. Clinic

623-4421

Chiropractor (Lakeland Clinic) 623-4650

Mental Health-AHS 623-5230

Optometrist (Dr. M. Al-Bekai) 623-4604

Pregnancy Problem Centre

1-800-661-3844

Pharmacies

Cedar 623-4151

Crescent I.D.A. 623-4059

Independent 623-4300

Value Drug Mart 623-4370

Miscellaneous

LLB Veterinary Services 623-2669

Natural Gas Coop LTD (CCI) 623-4000

TELUS:

Residential 310-2255

Repairs 611

CALL BEFORE YOU DIG

1-800-242-3447

East Link (TV) 1-800-345-1111

Fish & Wild Life 623-5247

Towing services

Oasis 623-2255

Larry's Towing 623-4801