COMMUNITY SERVICE DIRECTORY 2014/2015



Lac La Biche County FCSS

This directory was created as an information service for the residents of this community, and the organizations and agencies working within its boundaries. We thank everyone who cooperated in providing information for this resource. If you know of corrections or changes that would help this directory become more accurate, please call the <u>Lac La</u> <u>Biche County FCSS</u> office at 623-7979 or fill out the form included at the back of this directory and mail it to the address provided.

EMERGENCY 911

FOR FIRE, AMBULANCE, MEDICAL & POLICE SERVICE

➤ Child Abuse Hotline: 1-800-387-5437

➤ Crime Stoppers: 1-800-222-8477

➤ Addiction Services/Gambling

Help Line: 1-866-332-2322

➤ Hospital: 780-623-4404

➤ Kids Help Line: 1-800-668-6868

➤ Mental Health Crisis Services: 1-877-303-2642

➤ Poison Control Centre 1-800-332-1414

➤ Victim Services 623-7770

➤ Women's Shelter 780-623-3100

Population: Lac La Biche County: 9123

Incorporation: Lakeland County and the Town of Lac La Biche amalgamated in August, 2007

Health Unit: Lac La Biche Community Health Services 780-623-4471

Health Centre: W. J. Cadzow Health Centre

9110 - 93rd Street.

Lac La Biche, AB T0A 2C0

Phone: 780-623-4404

R.C.M.P.: Lac La Biche Detachment

#11 Nipewan Road.

Lac La Biche 780-623-4380 (emergency line)

780-623-4012 (Admin.-Info)

Fire: Hylo - 911 Buffalo Lake: 780-689-2170, 689-4639 or 689-1470 (cell) Les

Hanson - Fire Chief; Caslan: 780-689-3911; Kikino: 780-623-7868; Rich

Lake 911

Ambulance: 911 - Lac La Biche & District Regional EMS

Mayor: Omer Moghrabi 780-623-1747

Administrator: Shadia Amblie 623-6803

Provincial MLA: Shayne Saskiw (Lac La Biche - St.Paul Const.)

Box 1577

Unit 2, 4329–50 Avenue

St. Paul, AB T0A 3A3

1-780-645-6999; Toll Free at 1-866-674-6999

fax 1-780-645-5787;

E-mail: laclabiche.stpaul.twohills@assembly.ab.ca

website:

Constituency Assistant: Eveline Luce

Federal MP: David Yurdiga

Athabasca Constituency

102, 9912 – Franklin Avenue

Fort McMurray, AB T9H 2K4

1-780-743-2201; 1-877-532-6272 (toll free); fax: 1-780-743-2287

Public School District:

Northern Lights School Divison. 69

Attractions or Events: Lac La Biche Pow Wow Days (and Fish Derby) usually August long weekend; Winter Festival of Speed (on the lake) in March; Lac La Biche Rodeo; Plamondon Humdinger Days; Plamondon Mud Bog; Hylo Harvest Days; Beaver Lake Pow Wow; Buffalo Lake Rodeo; Beaver Lake Pilgrimmage; Kikino Silverbirch Rodeo; Heart Lake Treaty Days; Heart Lake Pow Wow. For more information on events and dates phone 1-877-623-9696 or see Community Futures entry on page 10A for contact information.

Nearby communities and population: (Taken from Alberta Municipal Affairs 2009-10)

Beaver Lake First Nation (415)

Buffalo Lake Métis Settlement (1,206)

Breynat (131) Caslan (551) Heart Lake First Nation (194)

Hylo (148) Kikino (1,113) Wandering River (271)

For more information on programs/services/organizations contact:

Lac La Biche County Family & Community Support Services (FCSS)

Box 1679,

Coordinator: Aimee Gauthier or

Located on the second floor - McArthur Place

Lac La Biche, Alberta T0A 2C0

Phone(s): 780-623-7979; 780-623-6726

Fax: 780-623-3510

E-mail: fcss@laclabichecounty.com



92.1 FM French Radio

Box 200

Philip Menard Cultural Center Plamondon, AB TOA 2TO

Phone(s): 780-798-3909

Email: chpl92.1@hotmail.com

Website: www.chpl.ca
Contact(s): Daniel Carrier
Hours: 8:30 a.m.-4:00 p.m.

Fees: None

Access: Phone, , mail, email

Description: As the first francophone radio station within the Plamondon, Lac La Biche region we will offer a full-time radio service featuring french music, daily news braodcasts, coverage and updates on community events, amd we will also be hosting special events with guest speakers on various topics such as, gardening, technology, and health and wellness.

Date Last Updated: June 2014

5HV Club (Seniors Club)

Box 47,

Hylo, AB T0A 1Z0

Phone(s): Senior Centre 780 623-3022

Contact(s): Janet Meardi, President 780 623-7643

Sherrill Verboom, Secretary /Treasurer 780 623-4501

Hours: Tuesday afternoon coffee 1-3 pm

Clients: Anyone wanting to come for coffee 55 years or older. Fees: \$5.00 per year or \$25.00 life time membership.

Description: The centre provides a place for members to socialize and keep updated on issues that affect the 55+ population. Condolence visits and support for individuals convalescing or experiencing illness. Special evening suppers, luncheons, and pot luck suppers are held

throughout the year. The facility has game tables, puzzles and tables used for quilting projects. Date last updated: June 2014

Adult Mental Health Crisis Response Team

Phone: 780 342-7777 (collect calls are accepted)

Clients: Individuals, family members, concerned others, and community agencies dealing

emotional or psychiatric crisis

Description: Staffed by professionals with psychiatric experience. Provides telephone and/or mobile assessment, intervention and stabilization. Provides consultation/ coordination with community agencies and hospitals. Connects clients tomental health resources.

Date last updated: June 2014

AIDS/HIV/ Sexually Transmitted Disease Information 1-800-772 -2437

Website: www.cdnaids.ca

Facebook: Canadian AIDS Society

Description:Registered as a charity since 1986, the Canadian AIDS Society (CAS) is a national coalition of over 120 community-based AIDS organizations across Canada. We are dedicated to strengthening the response to HIV/AIDS across all sectors of society, and to enrich the lives of people and communities living with HIV/AIDS.

Date last updated: June 2014

Alberta Health Link

Toll-Free 1-866-408-5464

Website: www.albertahealthservices.ca/223.asp

Website: www.myhealth.alberta.ca (information portal)

Hours: 24 hours a day, 7 days a week

Clients: Anyone in Alberta with a health question or concern

Description:

The goal of Health Link Alberta is to support Albertans in managing their own health. The result is more knowledgeable public, fewer hospital visits, and healthier communities. By having a single coordinated service across the province, Alberta Halth Services is able to provide consistent information to the public.

Date last updated: June 2014

Alberta Human Services-Alberta Works

Area East-North Central Region – Lac La Biche Delivery Site

Box 420

9503 Beaver hill Road, Provincial Building

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-5215

Fax: 780-623-5489

Email: laclabiche.lmic@gov.ab.ca Contact(s): Colin Anderson, Area Manager

Janet Chiwele, Area Business Manager

Hours: 8:15 a.m.-4:30 p.m. Closed at noon

Area: Boundaries extend to and include Wandering River, Hylo, Atmore,

Lac La Biche, Buffalo Lake, Kikino, and Sandy River.

Fees: No charge

Description: Career Planning and Resources, Labour Market Information, Job Postings,
Employment Standards information, Workplace Health and Safety, Income Support Programs,
Child Support Services.

Date last updated: May 2014

Alberta Human Services- Job Corps

- Lac La Biche

Box 2113

41 Nipewan Road, Lac La Biche, AB T0A 2C0

Phone(s): 780-627-2010 *Fax:* 780-623-1980

Contacts: Receptionist will direct

Hours: Mon. to Fri., 8:15 a.m.-4:30 p.m.

Area: Lac La Biche & Northeast Region

Access: Walk in, by phone, or through the Alberta Works Center

Clients: Any Albertan

Description: Preparing clients for competative job market and/or re-entry into the work force. This program provides job training and job placement to meet the demands of the job market in this area. Provides referral to other agencies, as needs are identified. Community projects for non-profit groups.

Date last updated: May 2014

Date last updated: May 2012

Alberta Brain Injury Initiative

St. Paul Abilities Network

4637-45 Ave

St. Paul, AB T0A 3A3

Phones: 1-866-645-3900 (toll-free),

1-780-645-3441

Fax: 1-780-645-1885 *E-mail:* mail@spanet.ab.ca

Website: www.stpaulabilitiesnetwork.ca

Contact(s): Brenda Lange, ABIN- respite/ team leader - 780 645-3441ext. 234, email:

blange@spanet.ab.ca

Tracy Yaremko, ABIN Service Coordinator, 780 645-3441ext 232, email:

tyaremko@spanet.ab.ca

Hours: Mon – Fri., 8:30 a.m.-4:30 p.m. Closed from 12:00-1:00 p.m.

Area: Northeastern Alberta

Access: walk-in, mail, phone, appointment, fax, e-mail

Clients: Individuals with accquired brain injury and their family/support network

Fees: None

Description: The Alberta Brain Injury Initiative assists adults with a brain injury, their families and caregivers through support, coordination of services, advocacy, education, community capacity building and the delivery of supportive community living services. We promote an improved life quality for brain injury survivors and people with disabilities.

Date last updated: June 2014

Alberta Human Rights & Citizenship Commission

Toll Free 310-0000

Standard Life Centre

10405-Jasper Avenue, 8th floor, suite 800

Edmonton, Alberta T5J 4R7

Phone(s): 1-780-427-7661

TTY: 1-780-427-1597 or 1 800 232-7215

Fax: 1-780-427-6013

Website: <u>www.albertahumanrights.ab.ca</u>
Hours: Mon. to Fri., 8:15 a.m.-4:30p.m.

Description: Independent commission of the Alberta Government. Investigates and resolves complaints of discrimination, provides information, educational resources and financial assistance to help individuals and organizations to combat discrimination.

Date last updated:May 2014

Alberta Fish and Wildlife Division

Sustainable Resources

P.O Box 959

9503 Beaverhill Road

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5247 *Fax:* 780-623-4584

e-mail: <u>pauljohnson@gov.ab.ca</u>

Contact(s): Administration can direct calls

Hours: Mon. to Fri. 8:15 a.m.-4:30 p.m. Closed for lunch

Area: Northeastern region

Access: Walk-in, mail, phone, fax, e-mail

Clients: Services are for the public

Fees: Some fees are applicable for specific services/permits and licenses

Description: Manages fisheries and wildlife in the Lac La Biche area. Enforcement of fish

and wildlife area.

Date last updated: May 2014

Alberta Environment & Sustainable Resource Development

Box 450, Lac La Biche, AB T0A 2C0

Phone: 780-623-5240

Contact(s): administration can direct calls for all other inquiries Mon. to Fri., 8:15 a.m.-4:30 p.m. Closed for lunch

Area: Lac La Biche area

Access: Walk-in, appointment, phone, fax

Fees: fees for permits

Description: Resource managers for public green zones, including land surface & forestry, mining, and oil sands exploration.

Date last updated: May 2014

Forestry Fire Centre

Box 450, Lac La Biche, AB T0A 2C0 9505 Beaverhill Road

Phone(s): 780-623-5388 *Fax:* 780-623-5444

Lands Division

Box 450, Lac La Biche, AB T0A 2C0 2nd Floor Provincial Building 9503 Beaverhill Road

Phone(s): 780-623-5223 *Fax:* 780-623-4584

Range Land

Box 450, Lac La Biche, AB T0A 2C0 9505 Beaverhill Road

Phone(s): 780 623-5279 *Fax:* 780 623-4584

Alberta Health Services: Lac La Biche Community Health Services

P.O. Box 869

9503 Beaverhill Road

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4471

Contact(s): administration can direct calls

Fax: 780-623-2615

Website: <u>www.albertahealthservices.ca</u>

Hours: 8:30 a.m. to 4:30 p.m., Mon.-Fri. (Open during lunch)

Area: Buffalo Lake Metis Settlement, Kikino Metis Settlement, Lac La Biche,

Plamondon and rural areas

Clients: All residents covered by Alberta Health Care Insurance

Description: Provides a wide range of community based services and is available to all residents. This includes: Public Health Nursing, Home Care Nursing, Aboriginal liaison (with the four Metis Settlements), Clinical Sexual Health Services, dental services, Environmental/Health inspection, Early Childhood Development Worker, Outreach Worker, Young Family Wellness Worker, and Travel Health Nurse. Mental Health Services are also available through the Mental Health Services Office.

Date Last updated: May 2014

Alberta Health Services: Addictions

Box 1058 Provincial Building 9503 Beaverhill Road Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5227

Fax: 780-623-5296

Hours: Mon. to Fri. 8:15 a.m.-12:00 p.m. and 1:00 p.m.-4:30 p.m.

Area: Caslan, Buffalo Lake, Heart Lake, Plamondon, Venice, Wandering River,

Atmore, Beaver Lake, Hylo. Lac La Biche, Kikino.

Access: Walk in (Tues. & Thurs., 1 p.m.-3 p.m.)

Or by appointment, outpatient services

Clients: No restrictions

Fees: None

Description: Treatment, prevention and information services related to addictions. Outpatient

services

Date last updated: May 2014

Alberta Health Services: Mental Health

Box 297 9503 Beaverhill Road Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5230 *Fax:* 780-623-5232

Contact(s): Rosanne Swanson – Clinical Lead

Rachel Schaub - Admin support

Heather Anderson – Geriatric Nurse

Hours: 8:00 a.m.- 4:30 p.m. Monday to Friday. Closed 12:00 p.m.- 1:00 p.m.

Area: Lac La Biche County & surrounding area Access: Referrals, appointments, phone, walk-in.

Mental Health Service Line: 1-877-303-2642

Clients: People with mental health issues

Fees: No fees for service, coverage by Alberta Health Care

Description: Brief therapy 1-12 sessions work with Addictions services

Date last updated: May 2014

Alberta Seniors Information Line Toll free 1-800-644-9992

Website: www.health.alberta.ca/seniors

Description: The Government of Alberta provides a number of programs and services to support seniors in Alberta. Phone numbers and web-links of these programs are provided in the website. You may also call the toll-free number for information.

Date last updated: June 2014

Alberta Temporary Foreign Worker Helpline Toll-free 1-877-944-9955

10242-105 Street

Edmonton, AB T5J-3L5

Phone: 780 644-9955

780 644-2584 (advisory office)

E mail: tfwadvisory.office@gov.ab.ca
Website: humanservices.alberta.ca

Hours: Monday- Friday 8:15am- 4:30pm

Description: The Alberta Temporary Foreign Worker Advisory Office and Helpline will help you learn about your rights and find solutions for situations involving unfair, unsafe or unhealthy working conditions. Once your needs are assessed, services provided by the Advisory Office

may include: Providing assistance in accessing and completing forms, assisting in submitting a complaint, providing you with current information on available federal and provincial programs, working with immigrants serving agencies across the province to assist you with adapting to living and working in Alberta. Allegations of mistreatment are taken very seriously and all complaints from temporary workers are referred for investigation

Date last updated: June 2014

Alberta Tourism, Parks, Recreation

(Alberta Parks)

Box 1019, 2nd Floor Provincial Building

9503 Beaverhill Road

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5235 *Fax:* 780-623-5239

Contact(s): Normand Durocher, District Team Leader

Luc Nowicki, Regional Director Norbert Raffael – Operation Manager

Hours: Mon. to Fri., 8:15 a.m.- 4:30 p.m., Closed for lunch

Area: North Eastern Alberta

Access: Walk-in, appointment, phone, fax

Fees: Fees for some services

Description: Rural management of resources in parks and protected areas. Also manage recreation areas in the Lac La Biche region such as provincial parks and recreation areas.

Date last updated: May 2014

Alberta Quits Helpline Toll-free 1-866-710-QUIT(7848)

Hours: 8:00am- 8:00pm. Seven days a week

Website: Albertaguits.ca

Description: Toll-free phone line available to all Albertans. Information and referral clerks and tobacco counselors will answer ther line. Clients are provided with support and information on a variety of issues surrounding tobacco cessation, protection and prevention. A personal quit plan is created and follow up callbacks are scheduled to offer support and counseling Date last updated: June 2014

Addictions Helpline 1-866-332-2322

Hours: 24 hour service

Description: The addiction Helpline is a tool, free, confidential service which provides, alcohol, tobacco, drugs, and problem gambling support, information and referral to services. The Addictions Helpline operates 24 hours a day, seven days a week and is available to all Albertans. Interpreter Services are available in over 180 languages.

Date last updated:June 2014

Alkareem Mosque -Lac La Biche Muslim Association

Box 614 10230-94 Avenue Lac La Biche, AB T0A 2C0

Phone: 780-623-4578 *Fax:* 780-623-4578

Contacts: Ali Fyith, President (780 689-9457)

Samir Abougouche

Hours: Open 24 hours a day for prayers

Area: Lac La Biche

Access: walk in, mail, phone, appointment, fax

Clients: All are welcome

Description: Canada's second and North America's third Mosque was built in 1958 in Lac La Biche to serve local and visiting Arab community, largely of Lebanese origin. The Mosque is open 24 hours a day for prayersReligious classes are held for children, women and men. Tours are available to the public. For more information please call.

Date last updated: June 2014

Amisk Community School

Bag 5000

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4548 *Fax:* 780-623-4659

Email: amiskcommunityschool@yahoo.ca Access: walk-in, phone, appointment, mail

Clients: Students of Beaver Lake First Nations, also available to anyone in the Lac La

Biche area.

Description: Amisk Community School is a band operated K4- grade 12 school located on the Beaver Lake Cree Nation reserve, about 10 minutes south of Lac La Biche. Amisk Community School offers K4- grade 12 accredited courses and programming in a caring and holistic Cree Educational Environment. The school follows the Alberta Education curriculum and the staff is committed to providing quality education for every student. Our school focus is on Aboriginal performing arts. Arts programming includes the Suzuki Piano Method. Old Native and Metis fiddling (The Nimble Fiddlers), Native and Metis jigging and square dancing(the Mini Toe Tappers), the Glee Club, and the School of Rock and Country. We have a number of free services that include: free bus services to the local and community and from town; free school supplies; free healthy hot lunches; two free snacks a day, also breakfast.

Date last updated: May 2014

See St. Andrews Anglican Church

Aurora Middle School

Box 780 Lac La Biche AB, T0A-2C0 9108 103 Street Lac La Biche AB, T0A-2C0

Phone(s): 780 623-4129 *Fax:* 780 623-2101

E-mail: robwicker@nlsd.ab.ca
Contact(s): Rob Wicker, Principal

Vice Principals: Kim Nasham, Samear Abougouche

Hours: 8:00am- 4:00pm Monday- Friday

Northern Lights School Div # 69 Area: Walk in, phone, mail, fax, e-mail Access:

Grades 4-8 Clients: None Fees:

Middle School, Grades 4-8, Formerly Central Elementary School and Dr. Swift Description: Middle School. Date Last Updated: June 2014

Associated Medical Clinic

Box 510, 10017-101 Avenue Lac La Biche, AB T0A 2C0 780-623-4421 Phone(s): 780-623-1920

clinic91@telusplanet.net e-mail: 8:30 a.m.to 5:00 p.m. Hours: third party billing Fees:

Description: Family medical clinic.

Date last updated:May 2014

Association Canadienne Français Regionale de Plamondon/Lac La Biche

P.O. Box 487

Fax:

Plamondon, AB T0A 2T0 Phone(s): 780-798-3896

<u>Direction.Plamondon@ACFA.ab.ca</u> e-mail: Daniel Carrier- Agente de developement Contact(s):

8:30 a.m.-4:00 p.m. Hours:

Plamondon, Lac La Biche, Wandering River, Boyle Area:

Mail or Phone Access:

Description: The association is for all ages. Our activities are all done in French. We are currently working on a permanent French radio station for our community. We provide support to the Lac La Biche Mission, and the Museum of Plamondon. Our cultural center can be rented for public use. It has kitchen facilities and seats approximately 150 people. We have a recording studio, free access to the internet, and our resource center has books, music, and videos for all ages. All resources are available to the public. Date last updated: May 20144

Be Fit For Life Fitness Resource Centre

9531-94 Ave P.O. Box 417,

Lac La Biche, AB T0A 2C0 780-623-5542 Phone(s):

790 404-5505 (cell)

780-623-5675

Fax:

BFFLdeb.menard@portagecollege.ca Email:

www.befitforlife.ca Website:

Deborah Menard, Coordinator (B.Ed; NAIT-PFT & BA; NASM-CPT & CES; Contact(s):

AFLCA-RT/EAK/GE)

Mon. - Fri. 8:00am- 5:00 p.m. and evening classes Hours:

Area: Lac La Biche, Plamondon, Grassland, Beaver Lake, Buffalo Lake, Kikino,

Caslan

Access: walk in, mail, phone, fax, appointment, email

Clients: anyone – must complete a Physical Activity Readiness Questionnaire (PAR-Q)

Fees: varies per session

Description: Outline of Services: •

Development & distribution

of health, wellness, & fitness information resources

 Collaboration on active living initiatives with community partners (eg. PLAY Program: Physical Literacy After School for Youth with Northern Lights School Division Out of School Care)

- Presentations, displays, workshops, and events on active living, health, & wellness
- Outreach wellness programs for schools, workplaces, and community groups
- NCCP FUNdamentals Movement Skills, Move & Play, Run/Jump/Throw Workshops
- Fitness assessments following the Canadian Physical Activity, Fitness & Lifestyle Approach
- Fitness, health, and lifestyle counseling & customized exercise programs
- A variety of group exercise classes (Portable Equipment, Choreography, Step, Cycle, Mind/Body)
- Personal or Small Group Fitness Training (appointments from 8:00am-5:00pm)

Date last updated: June 2014

Beaver Lake Cree Nation Band Administration

Box 960, Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4549 *Fax:* 780-623-4523

Contact(s): Henry Gladue, Chief

Tito Cayabyab

Website: <u>www.blcn.ca</u>

Hours: Mon. to Fri., 8:30 a.m.-4:30 p.m.
 Area: Beaver Lake and surrounding area
 Access: walk-in, phone, mail, fax, appointment
 Clients: Residents of Beaver Lake Cree Nation

Description: Administration of the financial affairs; public works operation and maintenance; human resources and development including youth and senior's programs, housing, education, health and other band programs.

Date last updated: May 2014

Beaver Lake Health Services

Box 1950

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4276 *Fax:* 780-623-4569

Contact(s): Marilyn Gladue, Health Director

Facebook: <u>www.facebook.com/Beaver</u> Lake Health Services

Hours: Mon. to Fri., 8:30 a.m.-4:30 p.m

Area: Beaver Lake Cree Nation

Access: Walk in, Phone

Fees: None

Description: This centre is staffed with a Registered Nurse and two full-time Community Health Representatives to deliver Public Health Programs such as a Home Care Program, Headstart and Daycare Programs NNADP (National Native Alcohol Drug Program) and counseling servives. Our Mission Statement: To empower the community of Beaver Lake Cree Nation by providing and promoting knowledge and skills to make healthy holistic lifestyle choices. We are committed to delivering quality culturally appropriate health program services here and through partnerships. Beaver Lake Cree Nation Health Services strives towards a healthier future.

Date last updated: June 2014

Beaver Lake Wah-Pow Treatment Centre

Box 1648

Hours:

(located on Beaver Lake Cree Nation)

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2553 *Fax:* 780-623-4076

Email: beaverlaketreatmentcenter@yahoo.ca

Website: <u>www.blwtc.com</u>

Contact(s): Gerald Whitford, Executive Director

Leona Mountain, Treatment Coordinator / supervisor Seven days a week; 24 hour Counselling and security

Area: Canada
Access: Phone, email

Clients: Treatment facility for all nationalities with drug & alcohol problems, ages 18 years old and over. Male and female clients welcome.

Fees: Call for information

Description: A treatment facility for all nationalities with drug and alcohol problems. The centre is located on the Beaver Lake Cree Nation, 25 kms southeast of Lac La Biche with a bed capacity of 25, which provides accommodations for singles and couples.

Date last updated: May2014

Big Brothers Big Sisters-Lac La Biche and Area

P.O. Box 2606 55

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-0380

e-mail: laclabiche.caseworker@bigbrothersbigsisters.ca

Website: www.bgcbigs.ca

Facebook: www.facebook.com/BBBSLacLaBiche

Contact(s): Kerrianne Tynan

Hours: Monday – Friday 8:30a.m- 4:30p.m

Area: Lac La Biche & area

Access: walk in mail, phone, appointment, e-mail

Clients: Children Fees: No fees

Description: This is a satellite office of Big Brothers Big Sisters of Edmonton. We offer 2 programs: In-School Mentoring, child and volunteer meet for one hour once a week during the school year to read, do homework, play games and do crafts. Traditional Big Brother Big Sister

matches involve the child and volunteer meeting once a week for 2-4 hours. They go for walks, bike rides and swimming. The activities are low to no cost as the importance is spending time together. If you would like a Big Brother or Big Sister for your child please contact the office. If you would like to be a Big Brother or Big Sister or an In-School Mentor, please contact the office or apply on-line at <u>bgcbigs.ca</u> You don't have to change your life to change theirs...become a Big Brother Big Sister today!

Date last updated: June 2014

Bluebird Counselling

P.O. Box 1213, Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7291 Fax: 780-623-7553 E-mail: gmiller8@telus.net

Contact: Grace Miller, Psychologist
Hours: Mon.-Fri., 8:30 a.m. -5:00 p.m.

Area: Lac La Biche & area

Access: phone or email for appointment

Fees: \$120/one hour session

Description: Psychological therapy for families, couples or individuals. This includes children, age 6 and up. Services may be insured, partly or completely, by employers (e.g. ASEBP, Alpac), Blue Cross, W.C.B, First Nations, or other EAP programs

Date last updated:June 2014

Bold Center

Bouvier Place

Box 154 Lac La Biche AB T0A 2C0

Phone(s): 780-623-3331 *Fax:* 780-623-3636

Contact(s): Gloria Baldwin

Access: Greater North Foundation
Clients: Seniors Subsidized housing

Description: Senior housing complex

Date last updated:June 2014

Buffalo Lake Administration and Community Services

P.O. Box 16 Caslan, AB T0A 0R0

Phone(s): 780-689-2170 *Fax:* 780-689-2024

Contact(s): Lana Howse, Administrator

Email: lana@blmetis.ca Website: www.buffalolakems.ca

Hours: Mon. to Fri., 8:30 a.m.- 4:30 p.m.

Every second Friday 8:30a.m.-4:00p.m.

Area: Buffalo Lake Metis Settlement Area

Clients: Any settlement member can use the services.

Description: Community Services provides Homemaking Services, Victims Services, wood and propane assistance services, adult education, early intervention programs, Fine Option and Community Hours for Correctional Services, medical trips, Elders Society, and senior's programs.

Date last updated: May2014

Buffalo Lake Community Health Services

c/o Lac La Biche Community Health Services

Box 869

9503 Beaverhill Road

Lac La Biche, AB T0A 2C0

Phone(s): 780-689-4771 or 780-623-4471 alternate number *Fax:* 780-689-5835 or 780-623-2615 alternate number

Hours: Mon.to Fri., 7:45 a.m. – 3:30 p.m. Area: Buffalo Lake Metis Settlement

Access: walk-in, phone

Clients: Buffalo Lake Metis Settlement Residents

Description: A full range of community based services including: public health services, immunization in school, home care, palliative care, newborn home visits, pre-natal services and the Injury Control Project. Information provided for general health inquiries, and coordination of other health services such as hearing screening. A Registered Dietitian is available also, Mental Health and dental referrals. Cervical screening and sexual health screening is also available.

Date last updated: May 2014

Buffalo Lake Early Intervention Program and Early Childhood Programs

Box 16 Caslan AB T0A 0R0

Buffalo Lake Metis Settlement

Phone(s): 780-689-2275 *Fax:* 780-689-4569

Contact(s): Shelley Duroucher- supervisor (780) 689-2170

Tina Reid

Marie Sparklingeyes-Family Literacy Worker Debbie Ladouceur-Community Justice Worker

Hours: Mon. to Fri., 8:30 a.m.-4:30 p.m. evening & weekend programs

Area: Buffalo Lake Metis Settement

Access: walk in, fax, phone

Clients: All ages (family) of Buffalo Lake Settlement area

Description: The Early Intervention Program is for 0-18 years, but coordinators work with children, youth, and their families. Activities include educational workshops, movies, bowling, swimming, presentations (teen abuse, dating abuse), addiction, and parenting and FAS programs & Triple P Parenting.

Date last updated: May 2014

See Metis Settlement Human Services and Child ren and youth services

Buffalo Lake Metis Settlement Parent Link Centre & ECD

Box 16 Caslan, AB T0A 0R0 *Phone(s):* 780-689-2275

780-689-4569 Fax:

Tina Reid, Parent Link Coordinator Contact(s):

Mon.-Fri.,occasional evenings and weekends Hours:

Buffalo Lake Metis Settlement & surrounding area Area:

walk-in, phone, fax Access:

Parent Link (0-6 years) ECD (0-6 years) Clients:

EIP (0-18 years plus extended family).

Description: The Buffalo Lake Metis Settlement Parent Link Centre provides both enrollment and drop in play based programs. Parent Link offers family support, parent education, developmental screenings, home visitation, 'Triple P' programming and promotes parent-child relationships

Date last updated: May 2014

Buffalo Lake Fire Department

(Buffalo Lake Metis Settlement Council)

Box 16 Caslan, AB T0A 2C0

Phone(s): 911 Emergency

780 689-5532 (Fire Hall)

Emergency Fire Line 780 689-2858 (directly to radios)

Joseph Patenaude, Fire Chief, 780 689-5220, 780 276-0072 Contact(s):

Has emergency 911 service or for fires call 780-689-2858 & leave message. Access:

Date last updated: June 2014

Buffalo Lake Recreation / Community Centre

Box 16

Caslan, AB T0A 0R0

780-689-4446 Phone(s): Fax: 780-689-4448

recreation@buffalolakemetis.com E-mail: Randy Berard, Recreation Director Contact(s): 8:30 a.m.-4:30 p.m. Mon. to Fri. Hours:

Open evenings 6:00 p.m.-9:00 p.m. Rec centre

Buffalo Lake Metis Settlement Area: Walk-in, mail, fax, E-mail Access:

Settlement members Clients:

Small fees for some programs & activities Fees:

Description: Organizes community events and activities and maintains facilities: ball diamonds, campsite, outdoor arena, rodeo grounds, and recreation centre. Activities include minor ball, minor hockey, badminton, volleyball, floor hockey and soccer. Date last updated: May 2012

Buffalo Lake Head Start Program

Box 15.

Caslan, AB T0A 0R0

780-689-3855 Phone(s): 780-689-3868 Fax:

Terri Blyan, Supervisor Contact(s):

Sept, to June, 8:30 a.m.-4:30 p.m. Hours: Buffalo Lake Métis Settlement Area:

Clients: 3&4 year olds

Fees: None

Description: By "learning through play" children receive a head start socially and learn to interact with each other. Home visitation for the families is also offered through this program, and healthy family lifestyle support.

Date last updated: May 2014

Buffalo Lake Metis Settlement Council

P.O. Box 16

Caslan, AB T0A 0R0

Phone(s): 780-689-2170 *Fax:* 780-689-2024

Contact(s): Archie Handel- Council Chair

Lana Howse- Administrator

Hours: Mon. to Fri., 8:30 a.m.-4:30 p.m. Closed at 4:00 p.m. every other Friday.

Area: Buffalo Lake Métis Settlement

Description: The Council is self governing and provides leadership for the settlement serving the following areas: community services, housing, recreation, health, public works, education, etc.

Date last updated: June 2014

Buffalo Lake Seniors Centre Society

P.O. Box 91

Caslan, AB T0A 0R0

Phone(s): 780-689-4889 *Fax:* 780-689-4885

Contact(s): Brenda Joe – Coordinator

Hours: 9:30am-3;30pm Monday- Thursday

Access: Walk in, phone

Area: Buffalo Lake Metis Settlement

Fees: None

Description: Social programming for Elders. Drop-in centre has pool tables, shuffleboard, and exercise machines. Activities are planned such as crib tournaments, social meals/gatherings, travelling, field trips, yearly flu clinics, health presentations by the Lac LA Biche Health Unit, and various fundraising events.

Date last updated: June 2014

Bullying Free Alberta Toll-free 1-888-456-2323

The Prevention of Family Violence and Bullying

Alberta Human Services

3rd Floor, Sterling Place 9940-106 Street

Edmonton, AB T5K-2N2

Phone: 780 422-8519 (Office)

Phone: 1-888-456-2323 (Crisis Toll-Free)

Fax: 780 427-3039

E mail: <u>bullyfree.alberta@gov.ab.ca</u>
Website: www.child.alberta.ca/PFVB

Description: if you are looking for advice or support on bullying, please call the toll-free helpline at 1-888-456-2323. The helpline is available 24-hours a day, seven days a week, and is staffed by trained counselors. If you would like to order bullying prevention materials, visit our Resources webpage and complete an order form.

Date last updated: June 2014

Camp 3F Association

Box 398

Plamondon, AB T0A 2T0

Phone(s): 780-798-3478

E-mail: <u>pdcdsplamondon@gmail.com</u>

Contact(s Colette Borgun

Hours: May- September booking 8:30 a.m.-4:00 p.m.

Area: Anyone wanting to book the facility

Access: Mail, phone, e-mail
Clients: No Restrictions
Fees: Phone for rates

Time of operation: 25 years plus

Description: The Camp 3F Association maintains the camp facility which is rented out to the general public. Date last updated: June 2014

Canada Post

10204-101st

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4715

Website: www.canadapost.ca

Contact(s): Berni Fontaine, Postmaster

Description: Canada Post provides mail delivery and other postal services to the area including: regular mail, Express Post (1-2 days), and Priority Post (next day delivery depending on location). The outlet also provides a wide range of products for mail packaging/delivery needs such as: stamps, envelopes, parcel paper, tape, padded packaging, etc.

Date last updated: May 2012

Care to Learn Preschool

Box 870 Lac La Biche, AB T0A 2C0

Vera M Welsh Elementary School

9912 -103st Lac La Biche, AB

Phone(s): (780) 623-3704 (780) 623-4041, 780 404-3603 (cell)

E-mail: Glenda.bouvier@nlsd.ab.ca

Web: www.nlsd.ab.ca

Contact(s): Glenda Bouvier, Division Coordinator

Hours: September - June
Area: Lac La Biche and Area

Access: Walk in, mail, phone, appointment, fax, e-mail

Clients: Children ages 3 and 4 years old Fees: Inquire for fee information.

Description: Developmental Preschool Program providing learning and growth through play, music and physical activities for children aged 3 and 4 yrs. old. Government subsidy is available.

Date last updated: June 2014

Retired June 2014

Caslan Fireman's Association

P.O. Box 9,

Caslan, AB T0A 0R0

Fax: 780-689-4000

Contact(s): James Henson, Fire Chief

(Phone 780-689-2514)

Hours: Training and meetings every Thursday evenings

Area: Township of Caslan from SH 885 to Amisk Lake; Mutual aid with

Lac La Biche County and Buffalo Lake Métis Settlement

Access: Phone, fax
Client: Public use
Fees: No fees

Description: Volunteer Firemen. Some fundraising is done. Training and services in fire and rescue, vehicle extraction, ice and water rescue.

Date last updated: June 2014

Caslan Pioneer Club

P.O. Box 166, Caslan, AB T0A 0R0

Phone(s): 780-689-2510

Contact(s): Glen Meyer, President

Area: Caslan
Access: Phone

Clients: Seniors from the Caslan area Fees: \$5.00/year (Membership Fee)

Description: Senior citizen organization. Meets monthly to socialize and play cards.

Date last updated: June 2014

Caslan School

P.O. Box 8, Caslan, AB T0A 0R0

Phone(s): 780-689-2118 *Fax:* 780-689-2840

Website: www.caslanschool.ca
E-mail: david.skoglund@nlsd.ab.ca
Contact(s): David Skoglund, Principal

Access: Northern Lights School Div. #69
Clients: Grades 1 to 8 and Kindergarten

Catholic Women's League

P.O. Box 242, Plamondon, AB T0A 2T0

Phone(s): 780-798-2379

Date last updated: June 2014

Contact(s): Paulette Pressling-President

Hours: Meeting run September to June, open all year

Access: mail, phone

Clients: All ladies 16 years and older

Description: Ladies meet monthly for a spiritual program, business session, and fellowship. Motto is for God and Canada. Our Mission Statement: The Catholic Womens League in Canada is a National Organization rooted in gospel values calling its members to holiness through service to the people of God.

Date last updated: June 2014

Central Elementary School See AURORA MIDDLE SCHOOL

Date last updated:June 2014

Child Abuse Hotline:

Toll Free 1-800-387-5437

Phone 780 422-2001 TTY Phone 780 427-1561

Phone: 780 427-3390 (After hours)

Phone: 1-800-638-0715 (After hours, toll-free)

Phone: 1-800-387-5437 (Toll-free)

Website: www.edmontonandareacfsa.gov.ab.ca/publish/543.cfm

Description: You have the right to be safe. If someone in your house or someone you know is abusing you and your parent or guardian cannot keep you safe, you need to get help. You do not need to identify yourself, just call the Crisis Unit and a Human Services Worker will determine what services will be best for you and your family. We will work with your family to improve the situation.

Date last updated: June 2014

Community Futures-Lac La Biche

Box 2188

10106 102 Avenue

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-2662 *Fax:* 780-623-2671

E-mail: d contact@cfllb.com

Website: www.laclabicheregion.com or www.cfllb.com

Contact(s): Reuel Thomas General Manager

Hours: 8:30 a.m. - 12:00. Closed from 12:00- 1:00 p.m. 1:00 p.m. - 4:30 p.m. Mon – Fri Lac La Biche County, Plamondon, Buffalo Lake Métis Settlement, Kikino

Metis Settlement, Caslan, Atmore, Grassland, Wandering River areas,

Beaver Lake Cree Nation and Heart Lake First Nation.

Description: The scope of work includes four primary areas: business financing; entrepreneurial training; community economic development, and organization support & project assistance. The office is under contract with Western Economic Diversification- Canada and Lac La Biche.

Awesome people serving the community. County.

Date last updated: June 2014

Community Housing (Low Income)

See under Greater North Foundation

Community Learning for Adult Students Society (C.L.A.S.S.) – Lac La Biche

Box 417

Located in Portage College - 9531 94 Ave.

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623 5544

Fax: 1-866-201-5592

E-mail: class@portagecollege.ca
Contact(s): Sharon Stevens, Coordinator

Hours: Mon., Tues., & Thurs., 9 a.m. - 3 p.m.; September through May

Area: Lac La Biche Area

Clients: Adults (18+)

Fees: Courses are offered on a cost recovery basis.

Description: C.L.A.S.S. is committed to life-long learning. Its purpose is to facilitate the development and delivery of learning opportunities through community cooperation, to enhance the quality of life for adults in Lac La Biche and region. The Council offers a variety of noncredit, general interest courses (e.g., occupational skills; technical and practical skills; personal development; professional development; health education; home and family education; arts, crafts & hobbies).

Conceil de Parent-Beauséjour

Box 180

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-2045 *Fax:* 780-798-2250

Contact(s): Tracy Lord, Director Hours: Monthly meetings

Area: Lac La Biche, Plamondon and surrounding area

Access: Phone

Clients: must have children registered in Ecole Beauséjour

Description: This is a parent advisory committee who are working in partnership with the Francophone school system to provide for the best educational and cultural programs for the students that are enrolled in Ecole Beauséjour.

Date last updated: June 2014

Craigend Recreation and Agricultural Society

Box 1961

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7570; 780-623-2571

Contact(s): Carl Beniuk, President

Doris Burdek, Secretary

Lucille Happner, Bookings (780-623-7832)

Hours: meet every 2nd Monday of the month at 7:30 p.m.

Area: Craigend

Clients: residents of the Craigend area

Fees: \$10.00/year

Description: Promotes recreational & agricultural development in the community. The Craigend Community Centre is located 32 km southeast of Lac La Biche; is one of the largest hall facilities in the rural area. The centre serves a recreation population of about 330 rural residents and offers an outdoor rink, ball diamond, tennis courts, and a large children's playground. The hall has a senior's centre attached to the main facilities. The Society rents the hall out for weddings, receptions or private events. The hall is used for the seniors, 4-H, floor curling, Whist drives, church services, potluck dinners, birthday parties or other activities as requested. Also hold and support the annual Craigend safety fair.

Craigend Senior's Sunset Club

Box 28

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-7873

Contact(s): Nick Burdek, President 780 623-7832

Lucille Happner, Treasurer

Mary Yakoweshen (Secretary) 780-623-7872

Fees: \$5:00 yearly Membership

Description: Drop in Centre open every week. Meets regularly in the winter for curling, birthday parties every three months, Whist drives begins October to December and floor curling October-May every second Sunday at 7pm until games are finished. We also have a pool table, shuffleboard, darts, carpet bowling, TV, and exercise club. Horseshoe equipment is available in the summer. Small kitchen and a hall.

Date last updated: June 2014

Crisis Prevention S.O.S Line (780)743-8605

9908 Manning Ave, Fort McMurray, AB T9H-2B9

Phone: 780 743-8605 (Office)

Fax: 780 791-0702

Contact: Karen Gooden (Office)
Website: www.someothersolutions.ca

Description: Sone other solutions was established to address the problems relating to crisis or giving rise to crisis. The SOS Crisis Line and the Rural Line are the only 24 hour phone support for crisis prevention, intervention, and postvention in the Regional Municipality of Wood Buffalo and North Eastern Alberta. The program promotes immediate, anonymous, confidential, and non-judgemental support to all people in need by offering an empathetic, listening, and referral service.

June 2014

Crisis Line (North-eastern Alberta) (780) 743-4357

Website: www.someothersolutions.ca

Description: 24 hours, seven days a week Crisis Line support for anyone with any problems.

Date last updated: June 2014

See AURORA MIDDLE SCHOOL

Date last updated: May 2012

École Beauséjour

Box 180, Plamondon, AB T0A 2C0

Phone(s): 780-798-2045 *Fax:* 780-798-2250

Contact(s): Nathalie Hill-Ulliac, Principal

Hours: 8:30 a.m. − 4:00 p.m.

Area: Plamondon, Lac La Biche, Athabasca, Boyle and surrounding area

Access: Walk in, mail or phone Clients: Francophone Students

Description: Preschool, Kindergarten, Grades 1-12.

Date last updated: June 2014

École Plamondon School

(Providing English, French and Russian languages)

Box 90

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-3840 *Fax:* 780-798-3850

Contact(s): Maurice Holota, Principal

Access: Northern Lights School Division # 69

Clients: Grades 1 -12, Kindergarten

Description: This school offers grades K – 12, Early Intervention programs, English education, French Immersion, and a Russian bilingual program.

Date last updated: June 2014

Evangelical Free Church

Box 1139, Lac La Biche, AB T0A 2C0

Highway 55

Phone(s): 780-623-4677

Contact(s): Pastor Emmanuel Chiwele, Senior Pastor

Shephen Chute, Associate Pastor, Youth Ministries

Hours: Office-Monday to Friday 8:30 a.m. - 4:30 p.m.

Sunday 9:45 a.m. - 12:00 p.m.

E-mail: <u>office@efcllb.com</u>
Website: <u>www.efcllb.com</u>
Area: Lac La Biche

Access: Walk-in, by appointment, phone, e-mail

Clients: Welcoming to all Fees: No Charge

Description: Sunday school classes: children (ages 2- high school) and adult at 9:45am- 10:45am; Worship Service with Nursery Care (ages newborn to 2 years old) at 10:55 am; Womens Bible Study on Wednesdays 9:30am- 11:30am; Children's Club on Mondays 6:30pm- 8:00pm; M.A.S.H (Mother's Always Serving Him) on Tuesdays at 10:00am- 12 noon; Prayer Time on Wednesdays 7:00pm- 9:00pm; and Men's Floor Hockey on Thursdays 7:00pm – 9:30pm. Other program information is available from

the church office. Summer programming varies from the regular winter programming. Please contact the church for more information. Everyone welcome!

Date last updated: June 2014

Farmer's Market - Lac La Biche

Box 1289

Lac La Biche, AB T0A 2CO

Phone(s): 780-623-8002

Web info: www.albertamarkets.com
btkachuk@mcsnet.ca

Bev Tkachuk, Manager

Hours: 3:00-5:30 p.m. every Fri March – Dec.

Access: Lakeland Agricom (Art & Anita Cadieux Agricultural Grounds)

Fees: \$10.00 a table Location: Lakeland Agricom

Description: Lac La Biche Farmer's Market is proudly an approved member of the Alberta Farmer's Market Association. This year marks their 39th anniversary. With great pleasure, in 2015, this market will be 40 years old. The Lac La Biche Farmer's Market is also sponsored by the Lac La Biche Agricultural Society. Under the Agricultural Society, Lac La Biche Farmer's Market is governed by joint agreement between Alberta Agriculture, Food and Rural Development and the Farmer's Market Section of the Public Health Act. Forms to become a seller are available by phoning the office. Make it, Bake it, Grow it, Sell it!

Date last updated: June 2014

F.C.S.S. (see Lac La Biche County Family & Community Support Services)

General Information Federal Government, Service Canada

Telephone: 1-800-O-CANADA (1-800-622-6232

Website: canadasite@canada.gc.ca

Description: This is your primary access point to the Government of Canada. In addition to browsing our website—you can call us toll-free Monday- Friday 8:00am- 8:00pm (local time, no matter where you are in Canada). Information shared by phone will not be collected or stored. Information officers can offer you services in English and in French.

Date last updated: June 2014

Foster Adopt Children Today

Box 285

Fax:

Elk Point, AB T0A 1A0

Phone(s): 1-888-310- FACT (3228) (Toll-Free)

780 724-2216 780-724-2907

E-mail: ckozicky@mcsnet.ca

Contact(s): Darlene Kozicky (Exec. Director)

Dariene Rozieky (Lace. Director)

Pat Mahe (President)

Hours: Open year round, business hours with answering machine for after hours

Area: Northeastern & Northwest Alberta

Access: Walk in, mail, phone, appointment, fax, e-mail

Clients: anyone 18 and over

Fees: No fee

Description: FACT is a foster care and adoption family support organization by and for families parenting foster/adopted children. We work directly with Region 7 North Central Alberta Child and Family Services to promote healthy foster and adoptive families through education, resources, and recruiting for homes. FACT is dedicated to the children of Alberta that are in need of foster homes and permanent families.

Date last updated: June 2014

4-HLac La Biche District

Box 35

Hylo, AB T0A 1Z0

Phone(s): 780-623-3572 *Website: www.4h.ab.ca*

Contact(s): Rebecca McDonald, District Council President

1 business meeting/ month; avg. 1 project

Area: Lac La Biche County (Including Lakeland 4H Club)

Access: phone, mail, attend meetings

Clients: General Public Fees: \$55.00/member/year

Description: This program is aimed at youth ages 9-21 years; designed to promote self-confidence and develop skills in public speaking, life skills, marketing, organizational skills, responsibility (care of animals, project management), parliamentary procedure. Types of activities include: animals (beef, horse, dogs, llamas, etc,), photography, cooking, sewing, computer, etc. Visit the website for more information on all project areas. Achievement Day is in May for showcasing projects.

Date last updated: May 2012

Gateway Dental Clinic

Box 2111, 10213 101 Street Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4226 *Fax:* 780 623-7017

Hours: Mon-Thurs. 8:00 a.m. – 5:00 p.m. Friday 8:00 a.m.-4:00 p.m. Summer hours

(starting in July) 8:00am – 4:00pm Monday to Friday.

Fees: Call for Information

Description: General Family Dentistry Date last updated: June 2014

Grassland and District Agricultural Society

P.O Box 118

Grassland, AB TOA 1V0

Phone: 780-525-2085

Contact: Don Grygus

Area: Grassland and surrounding area

Access: Mail or phone

Clients: No restrictions-can be used by members and non-members

Fees: \$5:00 per year membership

Description: Grassland Agriculture Society serves as a hub of many agricultural districts and the community hall serves as the central gethering place for many events. These include weddings, dances, picnics, graduations, craft fairs, meetings, Christmas parties, and community plays.

Date last updated: May 2012

Greater North Foundation- Lac La Biche Housing Division

10204- 104 Ave

Box 154, Lac La Biche, AB T0A 2C0

Phone(s): 780-623- 3331 *Fax:* 780-623- 3636

Website: www.gnfoundation.ca

Contact(s): Gloria Baldwin

Access: Walk-in, mail, phone, appointment fax or e-mail (through website)

Clients: Seniors and low income families

Description: Our housing office in Lac La Biche is responsible for Seniors Apartments, Family Housing, and Rent Supplement programs only. For more information on available housing and the application process please contact our Housing Manager.

Date last updated: June 2014

Hand 'n Hand Trilingual Playschool

P.O Box 220, Plamondon, AB T0A 2T0

Location: Ecole Plamondon School (780 798-3840)

Phone(s): 780-798-3126 (home)
Contact(s): Colleen Shapka
E mail: cshapka@hotmail.ca

Hours: October to May, 8:30am- 3:00pm

Area: Plamondon and Lac La Biche County

Access: . E- mail.

Clients: for children ages 3- 5 years Fees: \$400.00/child for the year

Description: We are a non-profit organization providing pre-school education and play activity for children 3-5 years old in English, French, and Russian. Our program runs Mondays to Thursdays, October to May. We offer morning and afternoon sessions with a 2 day or 1 day week enrollment.

Date last updated: June 2014

Haying in the 30's- Cancer Support Society

Box 35, Mallaig, AB T0A-2K0

Contact: Lorne Buryn (President)

Phone: 780 210-0126

Website: www.hayinginthe.30s.org lorneburyn@mcsnet.ca

Hours: August long weekend (August 2 & 3, 2014) (annual event, rain or shine)

Clients: All interested are welcome

Fees: No cost for admission, donations only

Description: Haying in the 30's is an annual 2 day, old time family event reliving the past using horse drawn equipment. Featured attractions are Hay Cutting, Harvesting, Road Construction, Hay Baling, Well Boring and more. Demonstrations also offered can be Horse Shoeing, Threshing Machine, Saw Mill, Rope Making, and Wood Splitting. All day wagon rides, live entertainment, and plenty of activities for the whole family. Community dinner Saturday night with evening entertainment, Inter-Faith service and breakfast on Sunday morning. All events are free of charge and 100% of donations go to assist cancer victims undergoing treatment.

Health Unit- Lac La Biche (see Alberta Health Services- Lac La Biche Community Health Services)

Healthy Babies Canada Prenatal Nutrition Program

P.O Box 869, 9503 Beaverhill Road

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4471

Fax: 780-623-2615

Contact(s): Jeanine Kearns, Outreach Worker

Area: Lac La Biche, Buffalo Lake Metis Settlement, Kikino Metis Settlement and

surrounding area.

Access: Walk-in, mail, phone, appointment, fax

Clients: High risk pregnant women

Fees: None

Description: This program was developed to assist pregnant at risk women in having healthy babies. This is done by encouraging healthy eating, breast-feeding, promoting healthy lifestyle for the mother and infant, and connecting the mother with other services in the community. Eligibility is determined by one or more of the following: previous difficult pregnancy or low birth weight babies; no partner, teen mothers, stressful environment, financial difficulties. Other sights in the area: Bonnyville, Cold Lake, and Fishing Lake.

Heart Lake First Nation Administration

P.O. Box 447

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-2130 *Fax:* 780-623-3505

Contact(s): Morris Monias, Chief

Murray Browne- Administrator

Hours: 9:00 a.m. to 4:30 p.m. Mon. to Fri. (closed 12 to 1pm)

Area: Heart Lake First Nation
Access: walk-in, phone, appointment

Clients: Reserve residents

Description: Oversees the administration of band affairs such as finance, social services including programs for youth and seniors, education, economic development, fire prevention, housing, health, and public works operations and maintenance.

Date last updated: June 2014

Heart Lake First Nation - Social Services

Box 447

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-2130 *Fax:* 780-623-3505

Contact(s): Melissa Laroque-Mountain Hours: Mon.-Fri. 9:00 a.m 4:30pm

Description: Provides social services to reserve residents including programs for youth and seniors.

Date last updatedJune2014

Heart Lake Health Center

Box 817

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-7477 *Fax:* 780-623-8155

Contact(s): Tanya Cardinal, Director

Donna Rowsell, Nurse

Hours: Mon.-Fri. 8:30 a.m.-4:30 p.m.

Emergency On-Call nurse 24 hours

Area: Heart Lake First Nations

Access: Walk-ins, phone, fax or appointment

Clients: Treaty band members, community members- some restrictions

Fees: None

Description: Public Health services including School Immunization, home visitation, palliative care, newborn home visits, pre-natal services and general health inquiries for hearing screening, dietitic services, mental health program, travel coordinator, Head Start program, alcohol and drug abuse counselling, assault and abuse programs and FASD program.

Date last updated: June 2014

Heart Lake Kohls School

Box 1619 Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2330 *Fax:* 780-623-2338

Contact(s): Alan Pogson- Principal, Director of Education

E mail: alandp53@hotmail.com

Hours: 8:30am-4:30pm

Area: Heart Lake First Nation

Access: Phone

Clients: Students of Heart Lake First Nation

Fees: None

Description: Kindergarten (Early Childhood Services) and regular school Grades 1 to 9

Date last updated: June 2014

Healthy Family Home Visitation Program

(see Native Counselling for other available services)

Box 2634 Lac La Biche, AB T0A 2C0

Phone(s): 780-623-9640

Fax: 780-623-3962

Contact(s): Linda Gervais, LLB Worker

Hours: 8:30 a.m.- 4:30 p.m. Closed from 12:00 p.m. to 1:00 p.m. for lunch daily.

Area: Lac La Biche and surrounding areas

Access: by phone, fax, appointment

Clients: Young families in need of mentoring

Fees: None

Description: The Healthy Families Home Visitation Program (HFHVP) has been in operation for 11 years as of 2014.. We work directly with families who have children, from birth up to 6 years of age. Home Visitors provide services in Cold Lake, Bonnyville, Lac La Biche, St. Paul, Glendon, Elk Point, Smoky Lake, Lamont, Bruderheim, and other small communities within the scope of the regional boundaries. HFHVP has established networks in each of these communities and has developed community-based partnerships to meet the diverse needs of the clientele. Home Visitors strive to create supportive relationships with families, in order to help them achieve their health and wellness goals. Also provides the Aboriginal courtwork program.

Date last updated: =June 2014

Hope Haven Women's Shelter

1-866-727-4673

Box 2168 Lac La Biche, AB T0A 2C0 Phone(s): 780-623-3100 (crisis line)

780-623-3104 (office)

Fax: 780-623-2094

Email: hhaven@telusplanet.net Website: www.hopehavenllb.com

www.acws.ca/content/lac-la-biche-hope-haven-society

Contact(s): Cassandra Putnam, Executive Director

Sylvia Ladoceaur, Program Manager Bonnie Brereton, Outreach Worker Chantal Boucher, Outreach Worker

Hours: 24 hours a day- 7 days a week
Area: Lac La Biche and surrounding areas
Access: Walk-in, mail, phone, e-mail or fax

Clients: Residential Clients: women in crisis (with or without children)

Outreach Clients: individuals experiencing, or affected by, family violence &

abuse

Fees: None

Description: Provides emergency shelter accommodation (food, shelter, clothing) for women and their children; lay counselling, referral and advocacy for individuals affected by physical, sexual, emotional, financial, spiritual abuse or neglect; 24-hour crisis support line; child-care program; educational presentations, information and materials. Offers an outreach program providing individual support and a weekly women's group (children's group runs concurrent). Is a contact for the New Perspectives group for men and women, held Tuesday evenings, and the Lac La Biche Family Violence Program. Available to community members and residential clients. Offers a 12 step support group for women of the community hosted by ADAAC, held Friday's 12pm-1pm. Believes all people have the right to be treated with dignity, respect, and

compassion in a non-judgemental, supportive manner empowering all to make positive changes in lifestyle.

Date last updated: June 2014

Hylo and District Volunteer Fire Department Society

Box 70 Hylo, AB T0A 1Z0 *Phone(s):* 780-623-7698

Contact(s): Elson Walker, District Fire Chief

Larry Baker, Deputy Chief (780-623-9694)

Hours: When needed

Area: Hylo, Lac La Biche, and surrounding areas

Clients: Anyone in the area in need

Description: Volunteer firemen. Volunteer fire department, part of the Lac La Biche County.

Date last updated: June 2014

Hylo/Venice Recreation & Agricultural Society

Box 28

Hylo, AB T0A 1Z0

Phone(s): 780-623-2164 *Fax:* 780-623-7082

E-mail: <u>hyloagriplex@mcsnet.ca</u>

Contact(s): Shauna Hannin

Hours: 1st Wednesday each month

Area: Hylo & Venice

Access: walk in, mail, phone, fax, e-mail Clients: Anyone in the Hylo/Venice area

Fees: \$5/person/year

Flash lifetime membership \$1/year

Description: Hylo is a hamlet in Lac La Biche County located 25 km. southwest of Lac La Biche and serves a recreation population of 384 people. There is a community hall complete with an active curling club, senior's centre and skating rink. The hall now has a portable head stage, backdrop, table cloths and chair covers which are all available for rent for your special event. The Society promotes recreational and agricultural activities, and sponsors different activities within the community including the Early Spring Quad Rally and Hylo Harvest Day at the end of August.

Date last updated: June 2014

Island View Home

Box 154 10204- 104 Ave. Lac La Biche, AB T0A 2C0

Phone(s): 780-623-3331 *Fax:* 780-623-3636

Website: www.gnfoundation.ca

Contact(s): Gloria Baldwin

Access: Greater North Foundation

Clients: Seniors needing subsidized housing

Fees: Call for information

Description: There are 24 senior's self contained housing units.

Date last updated: June 2014

J.A Williams High Schoo l- Grades 9-12

P.O Box 480, 102, 8702 91st street

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4271 *Fax:* 780-623-2766

E-mail: terry.moghrabi@nlsd.ab.ca

Website: www.nlsd.ab.ca/jaws
Contact(s): Terry Moghrabi, Principal

Conal Donovan, Assistant Principal Aurele Malo, Assistant Principal Northern Lights School Div. #60

Access: Northern Lights School Div. #69

Hours: 8:00 a.m.- 4:00 p.m. on regular school days.

Clients: Grades 9-12

Fees: some fees for specific courses

Description: J.A Williams High School offers full programs of studies to over 600 students that attend grades 9-12. The programs include a Career and Technology program, academic and work transition programs, Arabic and Native Studies. A full range of extracurricular opportunities exist for students, including all Alberta School Athletics Association, sports, academic extracurricular programs of inter-faith, music and drama, as well as opportunities for student leadership, community projects, and strong support for an international student exchange program. Call for information.

Date last updated: May 2012

Date last updated: May 2012

Kids Help Line 1-800688-6868

Website: www.org.kidshelpphone.ca

Kid's Website: www.kidshelpphone.ca/Teens/Home.aspx

Hours: 24 hours a day, 7 days a week, 365 days a year, Always available

Fee: Free

Description: Kids Help Phone is a free, anonymous and confidential phone and online professional counselling service for kids and youth (ages 20 and under) when kids don't know who to talk to. From trouble with homework to dealing with loss and grief to thoughts of suicide. Kids can talk to Kids Help Phone anytime about anything. Professional counsellors provide anonymous, confidential and non-judgemental support.

Date last updated: June 2014

Kikino Aboriginal Metis Headstart Program

Box 101 Kikino, AB T0A 2B0

Phone(s): 780-623-7001 *Fax:* 780-623-7004

E-mail: kihead@telusplanet,net

Contact(s): Jean Cardinal, Program Supervisor

Hours: September to June Based on school calendar

Access: Walk-in, mail, phone, fax

Clients: Community membersages 3 & 4

Fees: None

Description The headstart program is a preschool program which focuses on early childhood development supporting the spiritual, emotional, intellectual, and physical development of Aboriginal and Metis children, while supporting their parents and guardians as their primary teachers. Children learn through play. We also offer various workshops such as FASD and literacy programs such as rhyme's that bind, etc...

Date last updated: June 2014

Kikino Community Health Services

(Alberta Health Services)

Box 129 Kikino, AB T0A 2B0

Phone(s): 780-623-7797

780 623-4471 Health Promotion Program

Fax: 780-623-4212 Community Health Services

780 623-2615 Health Promotion Programs

Website: <u>www.kikinoms.ca</u>

Contact(s): Laverne Wright-Ozga, Settlement Nurse

Peggy Gladue- Community Health Representative

Hours: 8:30 am- 4:30pm, Monday – Friday

Access: Walk-in, phone

Area: Kikino Metis Settlement Clients: Settlement Members

Fees: None

Description: A full range of community based services including: public health services, school immunization, home care, palliative care, sexual health, newborn home visits, pre-natal services, general health inquiries for communicable diseases, coordination of other health services such as hearing screening. Dental and dietitian services are available by appointment. Mental Health Services are available once a week and a AADAC representative is available upon referral. The community health representative is a carseat technician who offers carseat checks, and provides option for program, health promotion, prenatal classes, and occupant restraints classes.

Date last updated: June 2014

Kikino Triple P Intregrated Services

Box 85, Kikino, AB T0A 2B0

Phone(s): 780-623-4131 *Fax:* 780-623-4092

E-mail: <u>kiyouth@telusplanet.net</u>

____Website: www.kikinoms.ca Contact(s): Pauline Thompson

Hours: Monday to Friday 9:00 a.m.- 4:30 p.m.

Area: Kikino

Access: Walk-in or by appointment

Clients: All residents of Kikino Settlement

Fees: None

Description: This non-profit organization oversees the youth and early intervention programs, including Parent Link Center, Building Blocks Program, seniors programs. Programs and services are provided to promote healthy lifestyle choices for children and families and to assist families to remain together. Workshops held in areas such as drug and alcohol abuse, healthy alternatives, staying in school and child neglect. Workers network closely with other community agencies such as the Health Unit and other government departments to cover all community services.

Date last updated: June 2014

Kikino Metis Settement Administration

General Delivery

Kikino, AB T0A 2B0

Phone(s): 780-623-7868 *Fax:* 780-623-7080

Contact(s): Roger Littlechilds, Administrator

Floyd Thompson, Chairperson of Council

Hours: Mon-Fri. 8:30 a.m.- 4:30 p.m and 8:30 a.m.- 2:30 p.m. every second Friday

Area: Kikino Metis Settlement

Access: Walk-in, by appointment, phone

Clients: Metis from the Kikino Metis Settlement area

Description: Oversees the administration of Settlement affairs such as finance, social service including youth and seniors programs, education, economic development, fire prevention, housing, health and public works operations and maintenance.

Date last updated: June 2014

Kikino Metis Settlement Daycare & Out of School Care

General Delivery

Kikino, AB T0A-2B0

Phone: 780 623-9420

Fax: 780 623-4092

Contact: Roger Littlechilds, Administrator, 780 623-7868

Hours: Daycare: 7:30am- 5:30pm (year round), Out of School Care: 3:30pm-5:30pm

and Out of School Care Summer Hours are 7:30am-5:30pm.

Area: Kikino Metis Settlement and surrounding areas

Access: walk-in, phone, mail

Clients: Daycare: 12 months old- 4.5 years old. Out of School Care: Kindergarten- grade

6.

Fees: Call for information, may qualify for partial or complete subsidy.

Description: Full time daycare, with an Out of School Are Program. Out of School care also runs all day during the summer months. The daycare is very involved with the community and vice versa.

Date last updated: June 2014

Kikino Recreation/ Community Activities

General Delivery Kikino, AB T0A 2B0 Phone(s): 780-623-7868 E-mail: <u>kirecreation@mcsnet.ca</u>

Fax: 780-623-7080

Contact(s): John Whitford, Contact Person Metis from the Settlement area

Description: Promotes recreational and sports activities for youth under 18 years of age such as ball, hockey, golf, swimming, Silverbirch Rodeo etc.

Date last updated: June 2014

Kikino School

General Delivery

Kikino, AB T0A 2B0

Phone(s): 780-623-3153 *Fax:* 780-623-2380

Email: (Form available on website)

Website: <u>www.kikinoschool.ca</u>

Contact(s): Laurie Thompson, Principal

Access: Northern Lights School Division No 69

Clients: Kindergarten and grades 1-8

Description: At Kikino school we are committed to delivering top quality programming that is individualized and customized to your child. Every child at Kikino School will be offered a personalized education that prioritizes student achievment and excellence built on a holistic foundation that includes a focus on fitness and fine arts and is delivered in a safe and caring environment where parents, families, community members, community service providers and local leadership are contributing partners, and where local culture is respected and valued.

Date last updated: June 2014

Kikino Seniors Advisory Committee

General Delivery

Kikino, AB T0A 2B0

Phone(s): 780-623-7868 *Fax:* 780-623-7080

Contact(s): Floyd Thompson, Roger Littlechilds, Pauline Thompson. Call for further

information. Date last updated: June 2014

Kinette Club of Lac La Biche

Box 2480

Lac La Biche, AB, T0A 2C0 *Phone(s):* 780-623-3147

Contact(s): Michelle Norton, President

Lisa Dribnenki, Secretary

Hours: Meeting 1st Wednesday evening of the month

Area: Lac La Biche and surrounding area

Access: Mail. Phone

Description: A service Organization for women to raise money for charitable causes, and to get together for social events. A great way to meet new people and help out our community.

Date last updated: May 2012

Kinsman Club of Lac La Biche

Box 2364

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7079

Web: www.peli-kin.ca

Contact(s): Dan Kit-President

Brent hughes-Vice President

Hours: Meetings 1st and 3rd Tuesday of the month

Area: Lac La Biche & surrounding area

Access: Phone for information

Description:

The Kinsmen Club of Lac La Biche was chartered in 1988; we were the largest chartered club in Canada that year. Since then the club has taken on many projects while also participating with provincial and national charity activities, most notably support for Cystic Fibrosis research. We also purchased the old United Church, turned the building into a multi use facility for small group gatherings, as well as for our monthly club meetings. We have completed many renovations to our building, and just recently we added a new deck which is wheel chair accessible. The Kinsmen Hall is available for rent.

Date last updated: May 2012

Knights of Columbus

Box 2121

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4829

Contact(s): Jim Courtereille

Les Biollo

Hours: meetings every 2nd Wednesday evening at 7:30 p.m.

Area: Lac La Biche and area

Access: phone

Clients: for Catholic Men

Fees: Call for information

Description: This group works to support the local Catholic churches and youth groups, financially through fundraising (e.g. bingos). This group owns and maintains the local K of C grounds with a large grounds and chalet. There are 6 soccer fields on the grounds that are run by the Junior Soccer Association. There are also social activities, for members, and social meetings with other K of C groups from the community.

Date last updated: June 2014

Lac La Biche Aboriginal Head Start Program

Awasisak Family Development Circle Society

Box 243 10147- 105 Street Lac La Biche, AB T0A 2C0

Phone(s): 780-623-3641, 780-623-3725 (CHLW)

Fax: 780-623- 3606 *E-mail: llbahs@mcsnet.ca*

Contact(s): Tilda Hayward, Center Supervisor

Charlotte Cardinal, Community Home Liason Worker

Hours: September to June, Monday to Thursday Class time: 9:30 a.m.-12:00 p.m.

1:00 p.m.- 3:30 p.m.

Area: Lac La Biche

Access: mail, phone, fax or e-mail

Clients: Aboriginal children ages 3-5 and their families

Fees: No charge

Description: A not-for-profit association that offers learning through play experiences for Aboriginal children ages 3-5. The program is designed to meet the needs of children, contributing to their developmental, social, physical, intellectual, cultural, educational, and spiritual skills. Daily transportation is provided (in-town only) as well as one meal per class.

Date last updated: June 2014

Lac La Biche Agricultural Society

Box 695

Lac La Biche, AB T0A 2C0

 Phone:
 780-623-7888

 Fax:
 780-623-1885

 Web:
 Ilbagsociety.com

Contact(s): Marjorie Langevin, President
Hours: Meet 3rd Monday of each month

Area: Lac La Biche

Access: Walk in, Mail, Phone, Appointment, Fax,

Client(s): Public

Description: The Lac La Biche Agricultural Society is a non-profit organization whose vision is to promote awareness and understanding of agriculture's vital role in the community, respectful of a diverse heritage with a progressive focus innovation for the future. The Lakeland Agricom and Rodeo Grounds are key facilities of the Society. The core business of the Society is to operate and maintain the Agricom facilities; provide a community meeting space; to sponsor and host social and agricultural related functions and educational events; and rent the grounds, kitchen and hall facilities and office space. The Society runs a vibrant Farmers Market every Friday afternoon from the beginning of April to the end of October. The annual Lakeland Country Fair with Horticultural Show, Horse Shows, Tractor Pull, Arts and Crafts and Children's Farm Fest and Evening Roughstock Rodeo Friday and Saturday nights. This event is held every July and brings a little bit of the country into the County. Social events are held every Spring and Fall with ongoing fundraising events held to finance future projects. The Society also sponsors two post secondary scholarships each year for students enrolled in Agriculture or a related discipline.

Date last updated: June 2014

Lac La Biche Antique Society

112 Grant Street

Lac La Biche, AB T0A 2C1

Phone: 780 623 – 3386 or 623 – 4844

Fax: 780 623 – 3564

Email: <u>bkumpula@mcsnet.ca</u>
Contacts: Bryan Kumpula President

Dan Mischuk Secretary/Treasurer

Clients: General Public

Fees: \$5.00 /person annually

Description: The goal of the Lac La Biche Antique Society is to educate present and future generations about the use of antiques and collectables and inspire them with new perspectives on how the past is relevant to their present day lives. Currently the membership hosts Antique Tractor Show and Pulls and Collectable Vehicle Show and Shines. Future plans are to establish a working museum that houses displays that showcase various sectors of the Lac La Biche Region including farming, Lumbering, fishing and trapping and the oil sands.

Date last updated: May 2012

Lac La Biche and Area Family Violence Project

P.O Box 2168

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-3104 *Fax:* 780-623-2094

E-mail: familyviolenceprogram@telus.net
Contact(s): Hope Haven Womens Shelter

Hours: 8:20 a.m.- 4:30 p.m.; Monday to Friday

(call 24 hours for immediate assistance)

Area: Greater Lac La Biche area and surrounding communities

Acces: mail, phone, fax or e-mail

Clients: families willing to work on their family violence issues

Fees: None

Description: The goal of the family violence program is to bring awareness to our communities about the effect of family violence within homes. Additionally to help families and individuals utilize the tools provided to them to better their lives and their childrens lives, to free of domestic violence. Date last updated: June 2014

Lac La Biche and District Chamber of Commerce

P.O. Box 804 10307 – 100 Avenue McArthur Place Lac La Biche, AB

T0A 2C0Phone(s): 780-623-2818

Fax: 780-623-7217

E-mail: <u>llbcofc@telusplanet.net</u>
Web Site: <u>www.llbchamber.ca</u>
Shirland Market

Contact: Shirley Klyne

Area: Lac La Biche County
Access: Phone, fax, e-mail, website, walk-in, mail

Clients: Area Businesses

Fees: Variant-contact office for information

Description: The Chamber of Commerce is a voluntary organization of business and professional men and women who have joined together for the purposes of promoting the civic, commercial, and industrial progress of their community. They work with all levels of government for positive affects, provide value added programs, and facilitate networking and cross selling.

Date last updated: May 2012

Lac La Biche and District Curling Club

Box 1137

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4696 (eve.)

Fax: 780-623-5616

Contact(s): Brian Shapka, President

Hours: winter season

Area: Lac La Biche & area

Access: mail or phone Client(s): General Public

Fees: Call for information. Facility available for rent.

Description: Facilities include 4 sheets of ice on Main Street, east side with Recreation Complex. Curling season from Mid October to end of March for the regular leagues. Bonspiels in March and April. Teams make up Ladies' Evening, Mens' Evening, Mixed evening, an open evening, Seniors' League (Monday afternoon throughout season), a Junior Learn to Curl Program.

Date last updated: May 12 2010

Lac La Biche Active Kids Society

Box # 1363

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2675 Contact(s): Jennifer Okrainec Email: www.llbactivekids.com Website: llbplayground@yahoo.ca

Facebook: Lac La Biche Active Kids Society

Meeting: 1st Monday of the month- 6:30pm at Vera M Welsh Staff Room School Description: current society is comprised mostly of VMW parents and staff. As the playground is part of the overall Lac La Biche community, this is really a community project. We want and invite representation from all user groups - schools, community members and local organizations – to participate on our committee.

Mission statement: "Working as a community to provide children safe opportunities to play in order to develop healthy and active lifestyles."

We are currently working to raise money for the playground that is needed at Vera M Welsh Elementary School. As the community grows and changes, additional playgrounds, equipment and facilities will undoubtedly be needed to help keep our kids and community active and give them safe places to play.

Date last updated: June 2014

Lac La Biche Art Club

Site 662, Comp.33, RR 1 Lac La Biche, AB. TOA 2C0

Phone(s): 780-623-2633, 403-829-7541 (cell)

Contact(s): Sandy Makokis-President

Clara McArthur, Sectretary

Hours: Second Monday of the month Sept-May at 7:00 PM May vary with statutory

holidays

Location: Call for information

Clients: anyone interested in developing artistic talent

Description:.

The Club meets the 2nd Monday of the month at 7pm (call for location), Sept-May. Members meet to encourage, support, critique work, share ideas, plan activities and art shows, and workshops and to promote visual art in our community. We invite anyone to come and join us.

Date last updated: June 2014

Lac La Biche Birding Society

Box 1977

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2675, 780-623-7247

Fax: 780-623-7272

Contact(s): Jennifer Okrainec, President

Don Welke, Vice President

Email: laclabichebirdingsociety@yahoo.ca

Hours: 2nd Wed each month, 7 p.m. at BCM Inn

Area: Lac La Biche & surrounding area

Access: mail, phone, fax Clients: general public

Fees: Yearly - \$10.00/single; \$15.00/family

Description: The Birding Society organizes a bird count in December, a species count in May, field trips and guest speakers. The Society is a member of Nature Alberta, and participates in activities with organizations with similar interests, from other parts of the province. The public is encouraged to participate in all of the activities. As a matter of interest, over 60% of wild bird species in Alberta are found in the Lac La Biche area.

Date last updated: June 2014

Lac La Biche Canadian Native Friendship Centre

P.O Box 2338

10105 Churchill Drive

Lac La Biche, AB T0A 2C0

 Phone(s):
 780-623-3249

 Fax:
 780-623-1846

 E-mail:
 _Through Website

Website: _www.llbnativefriendshipcentre.com

Facebook: Lac La Biche Canadian Native Friendship Centre

New Horizon Youth Centre

Contact(s): Donna Webster, Executive Director

Liz Shaffer, Executive Assistant

Hours: 8:30 a.m.- 4:30 p.m. Mon-Fri, closed for lunch

Area: Lac La Biche & surrounding communities

Access: Walk-in, phone Fees: Free to the public

Description: A non-profit organization committed to the physical, mental and emotional well-being of all its people. The commitment is realized through the implementation of culturally relevent programs, workshops, education meeting social needs, developing leadership, increasing awareness and establishing resources for community development. Programs include, youth center programing, Food Bank, and Native Arts.

Date last updated: June 2014

Lac La Biche Childcare Association

Box 417

Lac La Biche Child Care Association (Portage College)

Lac La Biche, AB T0A 2C0

Phone(s): 780-623- 5690 *Fax:* 780-623- 5714

E-mail: <u>daycare@portagecollege.ca</u>

Contact(s): Shelly Plamomdon, Carol Sampietro

Hours: Office open from Mon-Fri 8:00 a.m.- 4:45 p.m.

Area: Lac La Biche and surrounding area Clients: 10 community & 35 student spots

Fees: Call office for information

Description: This non-profit Centre is located in Portage College and is licensed to care for 45 children. Services are provided for children with varying ages staff work closely with other community organizations to meet the individual needs of all children in the daycare. While this centre is primarily for Portage College student children there may be spaces available for community children. Please call for information.

Date last updated: June 2014 Lac La Biche County

Box 1679

13422 Hwy 881

Lac La Biche, AB T0A 2C0

Phones(s): 780-623-1747 (County Centre) *Fax:* 780-623-2039 (County Centre)

780-623-3510 (McArthur Place)

Contact(s): Gail Broadbent, Acting Mayor

Roy Brideau, Chief Administrative Officer

Hours: Mon. to Fri., 8:30 a.m. to 4:30 p.m.

Area: Serves the Hamlet of Lac La Biche, Hamlet of Plamondon, Craigend, Hylo,

Imperial Mills, Owl River, Rich Lake, Fork Lake

Clients: Residents and rate payers of Lac La Biche County

Description: Provides a full variety of municipal services for Lac La Biche County.

Paratransit (handi-bus) available for seniors and people with disabilities. (through the County FCSS office)

Date last updated: May 2012

Lac La Biche County Dog Pound

Box # 1679

Lac La Biche, AB T0A 2C0

Phone:780-623-6767 (to claim a dog or inquire about adoption)

Email: protectives ervices@laclabichecounty.com

Hours: Mon-Friday 8:30am-4:30pm

Description: Lac La Biche County Dog Pound is cared for by the Community Peace Officers. They are responsible for the housing and care of stray and surrendered dogs in the Lac La Biche County Area. Our goal is to reunite lost dogs with their owners and find good families for our strays and surrendered dogs. If you would like to make an appointment for viewing any dog please contact (780)623-6767. Appointments can be made for weekends as well. General Information

Adopting a dog is as simple as paying the licencing fee of \$50 for unfixed dogs and \$25 for fixed dogs. This is a one time payment and your pet will be licenced with the county for his lifetime. Retrieving your dog from the pound, aditional fees or fines may apply.

Last updated: June 2014

Lac La Biche County Family & Community Support Services (F.C.S.S)

Box 1679 (Located on the second floor of McArthur Place)

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7979, 780-623-6726

Fax: 780-623-3510

E-mail: <u>fcss@laclabichecounty.com</u>

Contact(s): Anita Polturak, Manager of Social Planning

Linda Johnson, Community Outreach Worker 780-623-6726

Hours: 8:30 a.m.- 4:30 p.m.
Area: Lac La Biche County

Access: Phone, mail, e-mail, walk-in, appointment

Description: Through community development FCSS works to strengthen and enhance both family and community well being through direct service and partnerships with other community agencies. Assistance may include expertise &/or administration and funding applications. FCSS publishes community resource directories (both pocket size and comprehensive), and supports voluteer work. Direct services include assisting seniors with forms, Canada Volunteer Income Tax Program (in the spring), Parent Link program and administration of the Lac La Biche County FCSS and Community Social Services grant programs. FCSS works in partnership with other agencies to host the following services: Interagency meetings, Suicide Awareness program. Family Day Event, Volunteer Appreciation Luncheon, Welcoming Community Events, Welcome Kits, and operates the Paratransit (Handibus) available for seniors and people with disabilities.

Lac La Biche County Paratransit Services

Box 1679

Lac La Biche, AB T0A 2C0

Phones: 780-623-6763

E-mail: <u>cheryl.craig@laclabichecounty.com</u> Contact(s): <u>Cheryl Craig, Social Planning Clerk</u>

Hours: 8:30 a.m.- 4:30 p.m.
Area: Lac La Biche County
Access: Phone, walk-in, e-mail

Description: Lac La Biche County Paratransit services are offered to seniors and persons with disabilities within the County. Clients must register with Lac La Biche County to use the bus service. Registration in the Paratransit program provides access to both the Paratransit service and taxi coupon programs. The Paratransit

bus is door-to-door service, picking-up and dropping-off clients at their destination. Simply call the Lac La Biche County office to book the bus by 3pm the day before needing to travel. The fees are: Urban -\$4.00 one way, \$8.00 Round Trip. Rural- \$8.00 one way, \$16.00 round trip. Clients will be billed monthly for the services. Gift certificates are available upon request. Taxi coupons reduce taxi fares by \$2.00 for urban trips and \$4.00 for rural trips (individuals must check with the taxi company to see if they participate in the coupon program).

Lac La Biche County Protective Services

Box # 1679

Lac La Biche, ALB, T0A 2C0 Complaint Line: 780-623-6767

Fax: 780-623-3510 Emergency: 911

Online Complaint Submission: Please visit the Lac La Biche County website to submit online

complaints

Website: www.laclabichecounty.com

Hours of Operation: Administration- 8:30am- 4:30 Monday to Friday

Hours of Operation: Peace Officers 24 hours- On Call

Description: Call the 24 Hour complaint line to inquire about: Bylaw Related Topics; Non-Criminal Offenses; Animal Control; Occupational Health & Safety; Fire Department Inquiries (recruitment, training, burning permit requests, etc); Dog Registrations; Emergency Services;

Fire Permits; Fire Safety Codes Last updated: June 2014 Lac La Biche County Recreation/

Culture, and Facilities

Box 1679

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-6370

780-623-6351

Fax: 780-623-3808

Contact(s): Reno Larocque (Recreation/culture Program Coordinator)

Christine Martin (Bold Center Recreation Program Coordinator)

Hours: Office: 8:30 am - 4:30 p.m. Mon.-Fri.

Area: Lac La Biche County

Access: For more information call or visit the Recreation Dept. Offices located at the

Bold Center.

Clients: No restrictions

Fees: Varied

Description: Strives toward increasing recreational and cultural opportunities for the community. Special events are coordinated through the Recreation/Culture and Facilities Department or in conjunction with other agencies or community organizations. Recreation programs and activities include: Fun in the Sun summer program; summer camps; summer special events; Movie in the Park; Golden Bears Hockey School; and Challenger British Soccer Camp.

Date last updated: May 2012

Lac La Biche Dance Society

P.O. Box 2244

Lac La Biche, AB T0A 2C0

Phone(s): 780-798-3834

Contact(s): Sue Gaudette

Hours: Call for information

Area: Lac La Biche & surrounding area

Access: phone contact Person

Clients: anybody 3 years and up

rees: call for information

Description: This club offers Jazz, tap, ballet, lyrical, contemporary, modern and hip hop dance as well as misical theater. Dance discipline varies according to dance instructor each year. Classes will change depending on demand. Qualified instructors follow a set curriculum. The dancers perform at festivals and performances in the community.

Date last updated: June 2014

Lac La Biche Disability Services

Box 2078

10018 103 Avenue

Lac La Biche, AB T0A 2C0

 Phone(s):
 780-623-2800

 Fax:
 780-623-3874

 Contact(s):
 Shauna Quintal

 E-mail:
 <u>llbds@telus.net</u>

Hours: Mon-Thurs. 8:30 a.m. - 5:30 p.m. Area: Lac La Biche and surrounding area

Clients: Individuals with disabilities

Fees: Programs are funded

Description: Offers support services to children and adults with disabilities. All services are individualized and designed to be both community and in home based. Services can include supportive living arrangements, employment supports, independent living skills training and respite for families.

Date last updated: June 2014

Lac La Biche Drillers c/o J.A. Williams High School

Box 480

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4271, 780 623-0761

Fax: 780-623-2766

E-mail: frank.collins@nlsd.ab.ca

Contact(s): Frank Collins

Hours: executive committee meets year round

Area: Lac La Biche & area mail, phone, fax, e-mail

Clients: Bantam Football call for information

Description: The team is active during the month of May, and then from the end of August until the beginning of November. This team is governed by Football Alberta rules, and is for students in grades 7-9.

Date last updated: June 2014

Lac La Biche Elks Lodge

Box 324

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-2734

Contact(s): Don Turcotte (780)623-2464, Greg Beatch (780)623-7419

Hours: meets the 4th Wednesday of every month

Area: Lac La Biche and surrounding area

Access: phone or mail

Membership: anyone over 18 (men or women) are welcome

Fees: Call for information

Description: This is a service club to help children, youth, and seniors through fund-raising (bingos, the walk-a-thon which is a National initiative). Social activities occur throughout the year. The Elks also sponsor the Purple Cross Fund to help certain groups, and draws from an international fund on behalf of children and youth. We support the Alberta Elks foundation which is a provincial charity.

Date last updated: May 2014

Lac La Biche Fire Department

Box 847

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4311

EMERGENCY 911

Fax: 780-623-3540

Contact(s): Larry Fayad, Fire Chief

Hours: Meetings & base training every Thursday from 7:00 p.m. – 9:00 p.m.

Area: Lac La Biche County
Access: Phone, fax or mail

Clients: Public use

Fees: No fees to join; fees for services determined by municipal guidelines.

Description: Volunteer firefighters providing structural and wild-land fire suppression and vehicle extrication services.

Date last updated: June 2014

Lac La Biche Girl Guides

Site 644 Compartment 3 RR2 Lac La Biche, AB T0A-2C2

Contact: Stacey St.Jean, District Commissioner

Website: www.girlguides.ca

Local Web: www.tamaracarea.wordpress.com (for detailed local information)

Fees: \$110 plus cost of uniform and book

Registration: Online June 1st. watch for ads in the POST, posters and pamphlets in the

community or check website.

Area: Serves Lac La Biche and area

Mission Statement: Girl Guides of Canada-Guides du Canada enables girls to be confident,

resourceful, and courageous, and to make a difference in the world.

Description: Sparks (ages 5-6; Brownies (ages 7-8); Guides (ages 9-11); Pathfinders (ages 12-14); Leaders- Women of all ages, varying levels of opportunity to volunteer. Meets September through May.

Date lsat updated: June 2014

Lac La Biche Golf Club

Site 631 Comp 44 RR1

Lac La Biche, AB T0A 2C1

Phone(s): 780-623-4288 (April – October) *Contact(s):* Lance Palamaruk, Golf Professional

Hours: April – Oct., call for hours

Area: Lac La Biche & area

Access: walk in, mail, phone, appointment Clients: open to members and public

Fees: call for information

Description: One of Northeastern Alberta's finest 18 hole golf courses. Owned by Lac La Biche County and operated by Lac La Biche Golf Club Society, this beautiful golf course is situated right next to Lac La Biche Lake.

Date last updated: June 2014

Lac La Biche Heritage Society - Seniors Activity Centre

Box 237, 10112 102 Avenue

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-8350 (hall) *Fax:* 780 623-8344

Contact(s): Ron De La HayePresident, 780 623-9654

John Tesolin, Vice-President

Facebook: Lac La Biche Heritage Society

Hours: Wednesday Dinner- 12 noon, activities schedule varies mornings/afternoons, drop in to check activity times. Closed over the summer.

Clients: For Seniors

Fees: \$10 a year Description: This society works to ensure recreational opportunities for seniors including floor curling, pool, cards (table games) ladies crafts, and in house bingo 2x/month. Is a member of the Alberta 55+. Dinner every Wednesday starting at 12 noon for \$8.00/member, \$10.00/non-member. The Centre and kitchen facilities can be rented (capacity of 200Volunteers welcomed, many opportunities available

Date last updated: June 2014

Lac La Biche Huskies Football Team

c/o J.A. Williams High School

Box 480

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4271 *Fax:* 780-623-2766

E-mail:

Contact(s J.A. Williams High School

Hours: executive committee meets year round

Area: Lac La Biche and area

Description: The team is active during the month of May, and then from the end of August until the beginning of November. This team is governed by the Alberta School Athletic Association (ASAA) rules, and is for students in grades 10-12.

Date last updated: June 2014

Lac La Biche Indoor Sports Association

Site 630 Comp 18 RR1

Lac La Biche, AB T0A 2C1

Phone(s): 780-623-2228

Contact(s): Rene Schaub, President

Email: acal@mcsnet.ca

Hours: all year

Area: Lac La Biche & area

Access: Walk-in, by appointment, phone

Fees: Yes

Description: The Indoor Sports Association is an independent self-sufficient society that promotes recreational opportunities for youth and adults. Their program facilities are held at the Jubilee Hall, Heritage Centre, Bold Center and McArthur Building where they help to sponsor the following programs and activities: archery (old curling rink), Army Cadets, boxing, dancing (ballet, jazz, tap), seniors' floor curling, and scouts..

Lac La Biche Junior Soccer Society

Box 1907

Lac La Biche, AB TOA 2CO

Contact: Ray Teng-yang, Registrar

Phone(s): (780)623-3619

E-mail: laclabichejrsoccer@hotmail.com
Website: www.laclabichejrsoccer.com

Hours: Regular monthly Executive meetings.

Area: Lac La Biche & Area

Access: Phone, Email, Regular mail Clients: For children ages 5-18 years

Fees: Varies with season (Outdoor/Indoor), and Age: \$100 - \$140.

Fields: Outdoor - K.C. Grounds, west side of Town; Indoor - Bold Center, eastside of

town

Description: Outdoors April –June 30 / Indoors Sept 20 – Mar 31. This society coordinates junior soccer for the area including registrations, practices, and tournaments.

Date last updated: July 2014

Lac La Biche Mission Historical Society

Site 640, Comp 2, RR 2

#67453 Mission RD

Lac La Biche, AB T0A 2C2

 Phone(s):
 780-623-3274

 Fax:
 780-623-3471

 E-mail:
 __llbhs@mcsnet.ca

Contact(s): Fern PlamondonPresident

Hours: 10:00 a.m. - 5:00 p.m. from May long weekend to the end of August, closed on

Tuesdays

Area: Lac La Biche

Access: walk-in, mail, phone ,fax or email

Clients: Open to the public

Fees: Call for information \$5.00 per adult, \$2.00 per student, under 6 free

Description: To research, promote, preserve and maintain the Lac La Biche Mission Historical Site. Bilingual Interpretive Guides are available to provide tours of the site. A gift shop is on-site. Call for more information. The Lac La Biche Mission is designated as a Provincial Historical Resource and a Historical Site.

Date last updated: June 2014

(Dissolved)

Date Last updated: June 2014

Lac La Biche Nordic Ski Club

Box 935

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4571

E-mail: skiberry@telusplanet.net
Contact(s): Lorne Moen, President
Area: Lac La Biche & area
mail, phone, e-mail

Clients: public Fees: None

Description: This is a community based club that promotes and encourages fitness, outdoor activities and competition. The club also maintains cross country ski trails and ski touring. This club is a member of Cross Country Ski Alberta. All interested people are invited to participate in the club and its activities.

Date last updated: June 2014

Lac La Biche Pow Wow and Fish Derby Association

Box 1822

Lac La Biche, AB, T0A 2C0

Phone: 780-623-0811 Martin Desjarlais (President)

780-623-2511 Doris Burdek (Treasurer)

Fax: 780-623-3564

Email: <u>pdesjarlais@cpventures.ca</u> Website: www.llbpowwowdays.com

Area: North Eastern Alberta

Services: General Public Inclusive to ALL

Access: Mail, phone, fax and email

Description:volunteers plan, host and evaluation Lac La Biche Premier signature community event. Lac la Biche Pow Wow days have been around for 52 years and counting. We plan, host and evaluate other cultural sporting and community events that are reasonably priced and family orientated. We are always welcoming new volunteers.

Date last updated: June 2014

Lac La Biche Regional Outreach School

Box 1859, 10220-99 Ave. Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2658 *Fax:* 780-623-4726

Contact(s): Karen Grygus, Principal

Area: Lac La Biche, Beaver Lake, Caslan, Buffalo Lake,

Heart Lake, Kikino, Plamondon

Access: Northern Lights School Division #69

Clients: Outreach Education Program for Grades 8-12.

Description: Lac La Biche Regional Outreach Schools offer individual personalized academic plans, community involvement opportunities within a safe and positive environment. Our mission statement: At Lac La Biche Regional Outreach School Community we follow the principles of the Circle of Courage. We provide personalized education to students within an environment where all community members feel they Belong: we assist students to achieve Mastery of academic and life skills as they move towards an Independent and Generous life as positive contributing citizens.

Date last updated: June 2014

Lac La Biche Regional Community Development Corporation (see Community Futures-Lac La Biche)

Lac La Biche Safety Awareness Society

Box 1868

Lac La Biche, AB TOA 2C0
Bryan Kumpula President

 Phone(s):
 780 623 - 3386

 Fax:
 780 623 - 2477

Contact(s): Vic Brezinski – Vice President 780 – 623 – 3985

Doris Burdek - Treasurer 780 623 - 2571

Email: bkumpula@mcsnet.ca

Clients: General Public

Description: The mission of this volunteer organization is to make home and community life safer and healthier for children and their families through training and education. The Lac la Biche Safety Awareness Society plans, hosts, and evaluates the Lac La Biche Safety Fair. Four hundred grade one, two, and three students, teachers, and supervisors from Lac La Biche and area schools attend this annual event. Lac La Biche Safety Fair promotes awareness of safety concerns through a fun filled day of hands on learning.

Date last updated: May 2012

Lac La Biche Shooting Association

Site 642 C11-RR2

Lac La Biche, AB TOA 2C2

Phone: 780-689-7707

Contact(s): Rene Schaub, President

Hours: 8 monthly meetings/year – 4 general, 4 executive

Area: Northeastern Alberta

Access: phone Clients: public

Fees: yearly - \$40/single, \$60/family

Description: The Association organizes fun shoots, rifle sightings in the fall, and occasional social gatherings. A trap house is available for trap shooting. Memberships are available at Lac La Biche Sporting Goods.

Date last updated: May 2012

Lac La Biche Skating Club

Box 1284

Lac La Biche, AB T0A 2C0

Phone(s): 780-689-7337

Email: laclabicheskating@gmail.com

Contact(s): Jodi Weening Hours: Phone contact

Area: Lac La Biche & area

Access: mail, phone Client(s): 3-Adult

Fees: call for information

Description: The club organizes lessons for <u>Canskate</u> which is for learning to skate and <u>test-stream</u> which is figure skating lessons. Offering new lessons in power skating. (Hockey Skating Skills)

Date last updated: May 2012

Lac La Biche Whitecap's Swim Club

Portage Pool

Box 325

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4496

Contact(s): Joanne Wicker, President

Email: rjwicker@cciwireless.ca

Facebook: Lac La Biche Whitecap's Swim Club

Hours: 4:00 p.m. – 5:30 p.m. Mon.-Fri. (Morning sessions for master's swimmers if

there is enough interest and a coach is available)

Area: Lac La Biche & area walk in, mail, phone, fax,

Clients: All ages who are comfortable swimming lengths

(To join you must be able to confidently swim at least one length and be able to

take instruction from a coach).

Fees: variable, dependant on days/week & number of members/family

Description: Enjoy making friends and having fun, while staying active and mastering a useful skill! We provide qualified coaching for a variety of swimming levels including: introductory (short periods of time to introduce swimmers to swim club), fitness, competitive, and master's (competitive adult) levels. Great for the family schedule!

Date last updated: June 2014

Lac La Biche Victim Services Society

Box 810, Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7770, 780-623-4380, 780-623-4012

Fax: 780-623-2588

Contact(s): Melody Littell, Program Co-ordinator

Ben Thomas, Court Support Worker

E-mail: <u>Melody.Littell@rcmp-grc.gc.ca</u>
Hours: 24 hour crisis through the RCMP
Area: Lac La Biche and surrounding areas

Fees: none

Description: Provides assistance to victims of crime through 24 hour crisis support; information on police files and the Court system; referrals to other service providers; court orientation; preparation and accompaniment. Also offers victim impact statement program; child witness programs; court case results; and public presentations. Volunteers are the backbone of Victim Services and Lac La Biche is still actively recruiting. Volunteers will receive an extensive training in areas such as R.C.M.P orientation; communication protocol; crisis intervention; domestic violence; bereavement; sexual abuse; court system; break and enters; home security; and crime prevention. Please contact the Victims Services Coordinator if interested in becoming a volunteer or participating in some of the training sessions.

Lacalta Lodge

Box 900

9118 Beaver Hill Road

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4364 *Fax:* 780-623-8186

E-mail: <u>Amy.white@gnfoundation.ca</u>
Contact(s): Amy White, Lodge Manager

Erica Merkle, Assistant Manager

Priscilla Cloutier, Activities Coordinator

Office Hours: Monday-Friday, 8:00am-4:30pm

Access: Greater North Foundation.

Clients: Over 65 years, must be independent

Fees: Call for information

Description: Lacalta Lodge has 60 units and endeavours to provide safe, comfortable accommodations while encouraging a sense of respect, dignity and self-worth for senior citizens who are able to remain independent with the assistance of community based services. Services provided: full course meals with additional snacks, housekeeping, laundry, activity programs, 24hr. non-medical supervision (all staff trained in First Aid and CPR), 24 hour home care services available.

Date last updated: June 2014

Lakeland Archers

Box 1226

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2228

Contact(s): Rene Schaub, President Area: Lac La Biche Area

Access: mail, phone, membership available to the public

Fees: Membership: For fees please phone

Description: Certified coaches hold classes 4 times per week to learn how to maintain and shoot a bow, generally for families. Member families have open access to the facility which has indoor & outdoor 3-D ranges. The season is usually from September to May. There are competitive shoots organized throughout the province from January to August.

Date last updated: June 2014

Lakeland Animal Care Group

Box 2129, 30 Nipewan Road Lac La Biche, AB, T0A-2C0 *Phone(s):* (780)623-8387

Emergency After hours Phone: (780)623-8387 (Call forwarded to emergency service line)

Fax: (780)623-8361

E-mail: lakelandanimalcaregroup@hotmail.com

Hours: Monday- Friday 8:00am- 5:00pm, Saturday 9:00am-4:00pm

After hours and Sundays, for emergency calls only

Area: Lac La Biche and surrounding region

Fees: Please call our office for information on estimates for services

Description: We are a mixed animal veterinary practice providing compassionate care for companion animals, horses, and a variety of farm animals. We offer general wellness exams, dental care, evaluations and cleaning, basic in-house laboratory diagnostic services, and a variety of surgical procedures, as well as radiographic imaging.

Date Last Updated: May 2014

Lakeland Center for Fetal Alcohol Syndrome

P.O Box 479, 5008 50 Avenue

Cold Lake, AB T9M 1P1

Phone(s): 1-877-594-5454, 1-780-594-9905

Fax: 1-780-594-9907

E-mail: admin@lcfasd.com

Website: www.lcfasd.com

Contact(s): Audrey McFarlane, Executive Director

Deyne Hogan, Admin. Manager

Hours: 8:30 a.m. - 4:30 p.m. Monday to Friday - Closed for lunch

Area: Lakeland area

Access: Walk-in, mail, phone, fax, or e-mail

Clients: Anyone who wants information about the Fetal Alcohol Spectrum Disorder and,

or looking for a diagnosis within the scope of FASD Spectrum Disorder.

Fees: None.

Description: The Lakeland Center for Fetal Alcohol Spectrum Disorder offers the following regional services: -Workshops on FAS for children and adults. Information, referral services. These services are assessed by contacting the office and talking with Audrey McFarlane. The Center also offers "Mothers to Be" in Cold Lake, Bonnyville, Lac La Biche, St. Paul, the seven First Nations communities, and all four Metis Settlements within the region.

Date last updated: June 2014

Lakeland Chiropractic Clinic

Box 756 9706 Beaverhill Road (Lakeland Vitality Center)

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4650 *Fax:* 780-623-4655

E-mail: <u>dr.zach@lakelandchriropractic.net</u>

Website: www.lakelandchiropractic.net

Hours: Monday - Friday 8:30 a.m. - 5:30 p.m

Area: Lac La Biche and area

Access: mail, phone, appointment, fax, e-mail

Clients: Public

Description: Dr. Zachkewich (chiropractor) and Dr. Shulko (chiropractor) Provide chiropractic care at the Vitality Centre in Lac La Biche. The practice was established in 1996. In addition to using traditional chiropractic techniques, they also use state-of-the-art diagnostic treatment and rehabilitative systems. Therapies include acupuncture, mechanical massage, laser pain therapy, ultrasound, and radial shockwave treatment.

Date last updated: June 2014

Lakeland Parent Link- Lac La Biche Site

C/O Lac La Biche County F.C.S.S.

 Phone(s):
 780-623-6365

 Fax:
 780-623-3808

 Contact(s):
 Amanda Edge

E-mail: <u>parentlink@laclabichecounty.com</u>

Hours: 8:30- 4:30 Mon –Fri.

Access: by phone, fax, e-mail, or in person in the Bold Center-Cenovus Child Mind room

or visit us on Facebook at LLB Parent-Link.

Area: Lac La Biche County

Clients: Public

Description: This program is to support families, providing, or connecting parents/families to the following key service areas: early childhood learning and care; parent/caregiver education; family support services; information and referrals.

Date last updated: June 2014

L'ACFA –L'Association Canadienne Française de Regionale de Plamondon/Lac La Biche

Box 487

Philip Menard Cultural Center

Phone(s): 780-798-3896

E-mail: Direction.Plamondon@.acfa.ab.ca

Contact(s): Daniel Carrier

Hours: 8:30 a.m. - 4:30 p.m. Mon- Fri Plamondon, Lac La Biche

Access: Walk-in, mail, phone, appointment, or e-mail

Description: Community Development for seniors, youth, economy, tourism, cultural policies and activities done, all in French and Bilingual services. Provides support to the Lac La Biche Mission and Plamondon Museum. Cultural centre can be rented for public use, has a stage and

kitchen facilities; Music recording studio exists. Available on loan to members are books, music and videos in French.

Date last updated: June 2014

Law (Dial-a-Law) 1-800-332-1091

Legal Aid Society of Alberta 1-780-645-6205 4902 50th Street, St. Paul, AB T0A-3A1

 Phone:
 780 645-9125

 Fax:
 780 645-4222

Hours: Monday- Thursday 8:00am-4:30pm, Friday 8:00am- 4:00pm

Website: www.legalaid.ab.ca

Description: Legal Aid Alberta appoints (both private bar and staff lawyers) to represent financially eligible individuals in a wide variety of cases. We offer coverage for many legal issues, but not all. Legal is most often offered in cases that include Family Law, serious criminal charges and Civil Law.

Date last updated: June 2014

Legal Aid Society of Alberta 1-780-645-6205

Little Divide Search and Rescue

Box 1425,

Lac La Biche, AB T0A 2C0

Contact(s)June Phillips, Treasurer,

Phone 780 623 4634

Paul Hawthorn, President

Phone(s): 780-623-4634

Email: sphawthorn@gmail.com

Website: erwww.saralberta.ca/littledividessar.com

Area: Lac La Biche, Plamondon, Wandering River, Caslan, Craigend and surrounding

areas.

Fees: No charge

Description: Land and water search and rescue and recovery. Provides training for members and certification in First Aid, Man-Trackers, Search and Rescue fundamentals, CPR etc.

Date last updated: May 2012

Little Sprouts Child Care Centre

(Located in Central Elementary School) Box 2577 Lac La Biche AB T0A 2C0

10309 102 Ave

Phone(s) 780-623-4110

E-mail: <u>little-sproutschildcare@live.com</u>
Contact(s): Beryl McNulty, Coordinator

Hours: All year round Monday-Friday 7:30 a.m. – 5:30 p.m.

Area: Lac La Biche County and surrounding areas Walk in, Mail, Phone, appointment, e-mail

Fees: Full time-\$750.00/Month, Part time-\$37.00/day,

Drop in -\$45.00 /day, Registration fee-\$25.00

Description: We believe that children learn best through play and exploration, therefore we offer a child based curriculum which means the majority of our activities are based on children's interests. We provide quality, licensed childcare services all year round to Lac La Biche County and surrounding areas. Children get opportunities to participate in the following activities: indoor and outdoor play experiences; arts and crafts activities; structured activities such as circle time and group activities; field trips and community visitors. Children also receive hot snacks and lunch which is included in the monthly daycare fees. Parents can access child care subsidy through the Alberta Government.

Lord of Glory Lutheran Church

Box 1617 Lac La Biche, AB T0A 2C0 Site 633 Comp 8 RR1

Phone(s): (780) 623-8467

E-mail: pastorcalvin@lordofglory.ca

Contact(s): Pastor Calvin Skriver
Website: www.lordofglory.ca

Hours: 10:00 a.m. - Worship Service

Access: Walk-in, mail, phone or by appointment

Description: Currently worshiping at Former Key Way Tin Bible Institute. Date last updated: June 2014

Mental Health Helpline 1-877-303-2642

Mental Health Services

See Alberta Health Services

Métis Nation of Alberta-Region 1

P.O Box 1350

10104 102 Avenue

Lac La Biche, AB T0A 2C0

 Phone:
 780-623-3039

 Fax:
 780-623-2733

E-mail: dscville@metis.org

Website: www.albertametis.ca/MNAHome
Contact(s): William Landstrom, President
Diane Scoville, Vice-President

Mon-Fri 8:30 a.m.-4:30 p.m. closed noon

Area: Our region encompasses the communities of Lac La Biche, Athabasca,

Fort McMurray, Fort Chipewyan, Fort McKay, Conklin and Anzac.

Access: Walk-in, by appointment, phone, fax or e-mail

Clients: Métis Fees: None

Hours:

Description: Region 1 is one of six regions that make up the Métis Nation of Alberta. We have a second office in Ft McMurray AB. The Address is: 8310 Manning Ave Ft. McMurray T9H 1W1. Phone 1-780-838-8850. Our office is mandated to serve off settlement and on settlement Métis. We offer resource personnel in the following areas: forestry and lands; environment, resource development, training, economic, education and career development: youth, agriculture, social

services, housing, justice, health, family wellness, culture, Métis rights, traditional Métis lands, veterans, seniors, provide scholarships, bursaries and awards at post-secondary institutions though out Alberta. Membership application and services are available.

Date last updated: May 2012

Metis Settlement, Child and Family Services

Box 401

, Provincial Building

5025-49 Avenue, St. Paul, AB T0A 3A4

Contact(s): Jan Chartrand Phone(s) 1-780-645-6227 Fax: 1-780-645-6385

Email: jan.chartrand@gov.ab.ca
Hours: Mon-Fri 8:15 a.m. - 4:30 p.m.

Area: Northeast Alberta Region-Fishing Lake, Kikino, Elizabeth and

Buffalo Lake Métis Settlements

Access: Toll-free Government RITE line: 310-0000

Satellite offices located at each Metis Settlement, fax, phone

Clients: Resident Settlement Members

Fees: None

Description: One of Alberta's ten Regional Authorities with responsibility to plan and deliver child and family services for its residents. Alberta Metis Settlements have the option as land-based Aboriginal people to establish their own authority. Delivers the following legislated services: Child and Family Services, Resource for Children with Disabilities, Licensing of Social Care Facilities, Child Care Services, Child In Need, Prevention of Family Violence, Early Intervention, Court Services, development of culturally appropriate services and community capacity.

Date last updated: May 2012

Métis Urban Housing Development Corporation of Alberta

304 9532-94 Ave (office location)

Lac La Biche, AB T0A 2C0

Or 11922- 121A Street

Edmonton, AB T5L 0A2

Phone(s): 780-623-3277

1-780-452-6440

Fax: 780-623-3803 *Contact(s):* Rose Galenza

Access: Walk-in, mail, phone, fax

Clients: Lac La Biche and surrounding area

Aboriginal People

Hours: 11Am-3Pm (1st five working days and last five working days of the month)

Fees: For rental or shelter facilities

Description: This is a federally funded subsidized shelter agency providing rented shelter accommodation to low and moderate income aboriginal families. Rentals are based on household incomes.

Date last updated: May 2012

(Dissolved)

Minor Hockey

Box 1625

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2947 President

Vice President 780-623-6526, Registrar 780-623-1157

Contact(s): Brent Rabik, President Hours: September to March

Area: Lac La Biche and Lac La Biche County

Access: Mail or phone

Clients: All minor hockey aged children (4-18 years)

Fees: Set each year

Description: The Minor Hockey Association promotes recreational opportunities to youth ages 4 - 18. Teams at each level of hockey from initiation to midget as well as a girls team. Practices during the week and league games for novice level and up on weekends. These programs have a usual participation of 230 youth.

Date last updated: May 2012

Mission View Funeral Chapel LTD.

Box 1829,

Sentinel Industry Park

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-1815

(Out of town call 1-866-623-1815)

Fax: 780-623-2605

Email: derrick@missionview.ca
Website: www.missionview.ca

Contact(s): Derrick Kruk
Hours: 24 hour service

Area: Lac La Biche and Surrounding Area

Access: Walk-in, mail, phone, appointment, e-mail

Clients: Public

Fee: Call for information. Date last updated: june 2014

Money Mentors Toll-free 1-888-858-3305

Suite 150, 1200-59 Ave,

SE Calgary, AB T2H 2M4

Phone(s): 1-888-294-0076 *Fax:* 1-403-265-2240

E-mail: <u>info@moneymentors.ca</u>
Website: <u>www.moneymentors.ca</u>

Hours: Mon. to Thurs., 8:00 a.m.-8:00 p.m. Friday & Saturday 9:00a.m.-5:00p.m.

Area: Alberta

Access: Mail, phone, appointment, fax, e-mail, website

Clients: All Albertans
Fees: Some fees apply

Description: Not for profit, consumer debt counselling service. Our job is to help people manage their money, talk about the wise use of credit and for those having financial difficulties, provide options. We do this by staffing our information line Monday- Friday 9 a.m.-5 p.m., as well as provide free printed material on debt management, budget basics and re-establishing credit. We also administer the orderly payment of debt program.

Date last updated: June 2014

Music Festival Association

Site 631 Comp 41 RR1

Lac La Biche, AB T0A 2C1

E-mail: musicfestival.llb@gmail.com

Website: https://sites.google.com/site/musicfestivalllb/home

Phone(s): 780-623-1045 Contact(s): Mysoon Tarrabain

Description: The Association coordinates and administers the local music festival usually held in late March or early April, taking into consideration the Easter/spring break on the school calendar.

Date last updated: June 2014

National Crime Prevention Center 1-877-302-NCPC (6272)

Public Safety Canada

Government Website: www.publicsafety.gc.ca

Description: Public Safety Canada's National Crime Prevention Centre (NCPC) provides funding to strategically selected projects that contribute to preventing and reducing crime in Canada and to increase knowledge about what works in crime prevention.

Date last updated: June 2014

Native Counselling Services of Alberta- Lac La Biche

Box 2634

9503 Beaver Hill Road

Provincial Building (lower Level)

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-9640 *Fax:* 780-623-3962

Contact(s): Roxanne Cardinal, Court Workers

Linda Desjarlais, Home Visitation Worker for Healthy Families

Hours: 8:30 a.m. to 4:30 p.m. Mon-Wed.

Closed 12 noon - 1:00 p.m. lunch

Area: Lac La Biche/Boyle and surrounding areas

Clients: Open to referrals from community
Fees: Services are free and confidential

Description: Assistance to people who become involved in the justice system through criminal, family and youth court. Ensures clients understand their legal rights and responsibilities. Provides counselling and support, court representation, referrals to local helping agencies, and represents legal alternatives and sentence options to the court.

Date last updated: May 2012

New Life Victory Fellowship

P.O Box 703

On Highway 36, edge of town

Lac La Biche, AB TOA 2TO

Phone(s): 780-623-7600 *Fax:* 780-623-7654

Email: nlvf@telusplanet.net Contact(s): Pastor Daren Werk

Hours: Office-9:00 a.m. - 3:00 p.m., Monday to Thursday

Access: Walk-in, phone, fax, e-mail

Clients: Open to everyone

Description: Worship Services at 10:00 a.m. on Sunday. Youth Group is on Friday's at 7:00 p.m. Prayer in the church on Tuesday's at 7:00 pm. and in homes as needed.

Date last updated: June 2014

Normandeau Recreation

Box 2369

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7913

Contact(s): Velina Turgeon, President Contact(s): Debbie Burdek (Rental)

Phone(s): 780-623-2649

Area: Normandeau area

Access: Mail, phone Clients: Anybody

Fees: Call for information

Description: This is a small country hall with complete kitchen facilities, available for any functions. Call for information on rental. We hold bi-weekly Whist drives from January-April; other social functions throughout the year. Large paved parking lot and camping area, small playground. The hall holds maximum 75 People, has attached deck, fire pit, and BBQ.

Date last updated: May 2012

North Central Child & Family Services- Lac La Biche Area Office

Box 420 Provincial Building

9503 Beaverhill Road

Lac La Biche, AB T0A 2C0

Emergency Number 1-800-638-0715

Phone(s): 780-623-5215 *Fax:* 780-623-5489

Contact(s): June Phillips, Office Coordinator

Elaine Wirsda, office manager 780-645-6370

Hours: Office Mon-Fri 8:15 a.m. – 4:30 p.m (Closed For Lunch 12:00p.m.-1:00p.m.)

24 hour on call service

Area: Wandering River, Plamondon, Lac La Biche, St. Paul, Cold Lake, Bonnyville

and areas in-between

Access: Phone, mail or walk-in

Fees: None

Description: Each authority oversees a range of services including Child Protection, Adoption Services, Day Care Programs, Family Violence Prevention, Resources for Children with

Disabilities, and Early Intervention. This community-based system will allow services and programs to be planned on the basis of local needs. All of the services mentioned above may or may not be offered at this sight.

Date last updated: June 2014

North Star Villa

Box 900 Lac La Biche, AB T0A-2C0

9826- 102 Avenue, Suites 1-4

Plamondon, AB T0A 2T0

Phone(s): 780- 623-4364 Fax: 780 623-8186

Contact(s): Amy White Housing manager

Area: Plamondon mail or phone

Clients: seniors

Description: There are four seniors self-contained units in Plamondon. This is subsidized housing with rent based on percentage of yearly income.

Date last updated: June 2014

Northern Light School Division #-69 Lac La Biche District Office

Box 870, 10220 101 Avenue

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4414 *Fax:* 780-623-4041

Email: janice, fulawka@nlsd.ab.ca

Ron.taylor@nlsd.ab.ca

Website: www.nlsd.ab.ca

Contact(s): Ron Taylor, Associate Superintendant, Human Resources

Janice Fulawka, Director of Student Support Services

Description: School division administration, including Human Resources, and Special Education. Northern Lights School Division provides quality public education programs with enhanced learning opportunities to students in 29 school in Northeastern Alberta.

Date last updated: June 2014

OBSI Ombudsmen for Banking Services and Investment

401 Bay Street, Suite 1505 Box #5

Toronto, Ontario M5H 2Y4

Phone(s): 1-888-451-4519 (Toll-free)

TTY Phone: 1-855-889-6274

Fax: 1-888-422-2865 (toll-free)
E-mail: ombudsmen@obsi.ca

Website: www.obsi.ca

Hours: Mon-Fri. 8:00 a.m. - 6:00 p.m. (Eastern Standard Time)

Area: All of Canada

Access: mail, phone, fax or e-mail

Clients: Customers of participating banks and investment firms

Fees: None

Description: The Center for the Financial Services Ombuds Network (CFSON) provides a complaint, referral and information services to Canadian Financial Services consumers. Delivering single-window access to high-quality, independent, impartial and effective complaint resolution services in the banking, general insurance and mutual funds industries. Able to communicate in 17 different languages.

Date last updated: June 2014

Out of School Care

Northern Lights School Division Box 870 Lac La Biche AB T0A 2C0 Vera M Welsh/Central Elementary School/

Phone(s): 780-623-4414

Contact(s): Glenda Bouvier, NLS Division OSC Coordinator

E-mail: glenda.bouvier@nlsd.ab.ca

Website: www.nlsd.ab.ca

Hours: Sept- June

Area: Lac La Biche & area

Access: Phone, e-mail, Walk In, Fax

Clients: Any students registered in kindergarden and up

Fees: May be completely or partially covered by the OSC subsidy program provided by the Alberta Government.

Description The Northern Lights School Division is offering a child care program called Out of School Care for families in need of child care surrounding school hours. To be eligible for this program, children must be enrolled in Kindergarten and up. The goal of the Out of School Care Program is to fulfill a need for quality child care for families in our communities. Out of School Care is available throughout the school calendar year, and may be offered before school, after school. And non-school days. Care may also be available during Christmas and Spring breaks. Fees may be completely or partially covered by the Alberta Government. Programs may vary by locations and staff availability.

Date last updates: June 2014

Owl River Recreation Association

Box 2102

Lac La Biche, AB T0A 2C0

Phone(s):

780-623-3499 (hall)

Contact(s): Judy Thompson, President 780 404-4086

Betty McLean, Vice President

Shirley Partinton, Treasurer (780-623-3321)

Hours:

Varied

Area: Owl River

Clients: Open to everyone

Fees: Varied

Description: The Owl River recreation area is located about 40 km. from Lac La Biche on the north and west shore on HWY 858. This Association serves an area population of about 480 people. The community has a relatively new community centre that houses a hall with kitchen facilities,

playground, skating rink and large yard. Activities include recreation and social development, and adult socials. The building is available to rent for weddings, anniversaries, family reunions, wakes, funerals and community functions (capacity 250). Free campsite ¼ mile from the hall.

Date last updated: June 2014

Parent Advisory Committee-École Plamondon School

Box 90

Plamondon, AB T0A 2T0

Phone(s): 780-798-3840(School), 780-798- 2233 (president)

Contact(s): Leslie Watson, President

Katherine Benson, Vice President

Corin Shapila, Treasurer Wendy Snook, Secretary

Hours: Sept - June, 1 meeting a month

Access: Mail or Phone
Clients: All Parents of EPS

Description: We, the parents of EPS students run a PAC Board. We help in advising the school of things we would like to see in our schools as parents. Also work bingos and casinos to help our students to go on field trips, purchase items for classrooms and provide for graduation. We also bring in educational programs and presentations such as bullying, drug addictions, etc.

Date last updated: May 2012

Parioisse St. Isidore Parish (Catholic Parish)

Box 118

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-3760 *Fax:* 780-798-3730

Contact(s): The Pastor Father Casmir Muobike SMMM or Bonita Marchand (secretary) Pastor: everyday available. Secretary: Tues and 8:00am a.m. to 4:00 p.m.

Area: Plamondon, Atmore, Breynat, Wandering River

Clients: Anyone. No restrictions

Description: Plamondon- Sunday Eucharist Celebrations at 11:00 a.m., Weekly Masses:Monday Tues and Wed at 9 a.m, Thurs at 7 p.m, Friday and Saturday at 9:00 a.m, Adult choir - is coordinated by Ramona Boucet Children's Youth Choir: - is coordinated by Sara Doody and is for youth interested in music within the church. Altar Servers - is coordinated by Anita Gauthier. The Alter Servers Group has monthly meetings where children ages 6-14 years learn more about God and their religion, learn their altar server duties, learn to cooperate and simply have fun together.

Date last updated: June 2014

Pioneer Villa

Box 900, Lac La Biche AB, T0A-2C0 9918- 100 Avenue, Units 1-8 Plamondon, AB T0A 2T0

Phone(s): 780-623-4364 *Fax:* 780 623-8186

Contact(s): Amy White, Housing Manager

Area: Plamondon
Access: mail or phone

Clients: Seniors

Fees: Unit Rental Costs, call for information

Description: There are 8 senior's self contained housing units. This is subsidized housing, with rent based on a percentage of yearly income. This housing complex has a common area with laundry facilities and a sitting area.

Date last updated: June 2014

Plamondon & District Agricultural Society

Box 559

Plamondon, AB T0A 2T0

Phone(s): 780-798-3812 or 780-798-3478

Contact(s): Bernard Ulliac, President

Paulette Plamondon, Book keeper Norman Shaub, Arena Manager

Hours: Seasonal

Area: Plamondon and District
Access: Greater North Foundation

Clients: Anyone

Funding: For ice time (hockey clubs)
Fund-raising, fees, and grants

Description: Our facility is an ice arena with mezzanine, kitchen and foyer. We manage and maintain the Plamondon and District Agriplex in support of community events and activities. Programs & services: minor hockey, men's hockey, scrimmages, public skating, tournaments, Youth program, archery, 3D Shoot, grads, meetings, school usage for phys. ed program (2 schools), mini- jamboree, Christmas parties etc.

Date last updated: June 2014 k

Plamondon & District Community Development Society

Box 266

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-3478

E-mail: <u>pdcdsplamondon@gmail.com</u>

Contact(s): Colette Borgun

Areas: Plamondon and area

Access: Walk-in, phone, mail, e-mail clients: anyone in the Province of Alberta

Description: To serve, represent and act as a resource for all who wish to be a part of the society and act as a facilitator for organizations with short term, one-time goals or projects; to support any non-profit that supports community development; to assist and represents groups that physically operate and provide programs and services primarily within the physical boundaries of the district (from recreation board boundary); to assist in coordinating community projects as requested, and encourage a sense of community by acting as a resource. To facilitate the process of prioritizing community projects to avoid duplication and encourage cooperation amongst organizations. May operate and maintain community facilities when appropriate and when requested, in the best interest of the community. To develop a broad range of community

services that will provide opportunities and benefits for people of all ages and abilities. To develop community services and programs enhancing, promoting, supporting, and recognizing volunteers and volunteer efforts.

Date last updated: June 2014

Plamondon & District Museum Society

Box 412

Plamondon, AB T0A 2T0

Phone(s): 780-798-3193 or 780-798-2125

Contact(s): Bonita Marchand

Hours: May 18th –August 24th Tuesday to Saturday 10:00 a.m.- 4:00 p.m.

Access: Walk-in, mail or phone

Clients: Everyone Fees: Donation

Fees: Donation Date last updated: May 2012

Plamondon & Wandering River Community Resource Society

Box 149

Wandering River, AB T0A 3M0

Phone(s): 780 798-2188

Contact(s): Debbie Menard, Program Supervisor
Area: Plamondon & Wandering River

Access: Walk- in

Description: We are a non-profit organization hosting a Youth Centre in both communities which provides youth programming, family networking and day summer camps.

Date last updated: June 2014

Plamondon Curling Club

Box 453

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-3307

E-mail: michaud.dennis.h@gmail.com

Contact(s): Dennis Michaud

Area: Plamondon & Lac La Biche County

Access: mail or phone

Fees: \$100.00 for 1 night of curling

\$150.00 for 2 nights of curling

Students pay ½ Price

Description: We operate a 3 sheet curling rink from November to March of each year. We have an open league, a junior league, as well as a junior learn to curl league. Everyone is welcome to join our club.

Date last updated: May 2012

Plamondon Fire Department

Box 313

Plamondon, AB T0A 2T0
Phone: Emergency 911
Fax: 780-798-3874

Contact(s): Hal Pressling - Fire Chief

Hours: Bi -Weekly on Wednesday 7:00 p.m.-9:00 p.m.

Access: mail or phone

Fees: determined by municipal guidelines, no fees to join

Description: Volunteers firefighters providing structural and wild land suppression and vehicle extrication services.

Date last updated: June 2014

Plamondon Girl Guides

X	Box 13	
	Caslan AB T0A	<u>ORO</u>
	Phone(s):	780-798-2920 / 780-798-2272
	Email:	natashacontant@hotmail.com
	Contact(s):	Natasha Plamondon, Leader
		Rhonda Plamondon, Leader
	Hours:	September Through April
	Area:	Plamondon and area
	Access:	Phone or Email
	Clients:	Sparks (age 5-6) Brownies (age 7-8)Guides (age 9-11) Leaders
	Fees:	\$110.00 & cost of shirt and book

Description: Girl Guides of Canada is an organization of choice for girls and women making a positive difference in the life of every girl and women who experiences guiding so she can contribute responsibly to her community. We meet together to follow a program and do fun activities that offer the chance to discover new interests, learn valuable leadership skills and make lasting friendships.

Date Last updated: Dec 2012

Plamondon Hall Building Society

Box 266

9623-101 Ave

Plamondon, AB T0A 2T0
Phone(s): 780-798-3478
E-mail: pdcds@mcsnet.ca

Contact(s): Robert Richard, President

Hours: 12 months a year Area: Plamondon region

Access: Walk-in, mail, phone or e-mail

Description: Construction of new community centers for the Plamondon Region.

Date last updated: june 2014

Plamondon Minor Hockey

Box 305

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-2356

Contact(s): Cory St.Jean- President

Hours: Meets monthly (As needed)

Area: Plamondon area mail, phone

Clients: for youth ages 4-16 years
Fees: Contact for information.

Description: The association administrates and coordinates fundraising efforts for the minor hockey. Also encourages participation of children and youth in hockey to develop sportsmanship, volunteerism, and team working skills

Date last updated: June 2014

Plamondon Municipal Library

Box 630 Ecole Plamondon 9418-100st.

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-3852

E-mail: headlibrarian@stuartmcphersonlibrary.ca

Web: www.plamondonlibrary.ab.ca or Facebook @ Lac La Biche County Libraries.

Contact(s): Maureen Penn (Director, Library Service)

Pam Lien (School Librarian)

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Hours: Please check the website or call the library for current opening hours

Area: Plamondon; Lac La Biche County
Access: walk in, mail, phone, e-mail
Clients: No restrictions, all are welcome

Fees: Senior 60+: \$5.00/ Year

Adult: \$15.00/ Year Student: (18+)\$5 /Year Youth (0-17): Free

Description: Library has collections in 3 distinct languages; English, French and Russian. All materials are available with membership. Internet and Wi-Fi available for no charge, printing services as low as 25ϕ /page. Membership grants you access to the entire Albertan catalogue. Library has French, Russian, and English material (audio books, video books, magazines. Supernet is available and a printer for \$0.20/sheet. Members of Northern Lights Library system, where you can borrow books from all libraries across the province.

Date last updated: June 2014

Plamondon Outdoorsmen's Club

Box 30

Plamondon, AB T0A 2T0 *Phone(s):* 780-798- 2766

Contact(s): Rick Moon, General Manager

Hardware & Agro 780 798-3827

Access: mail or phone
Clients: legal aged hunters

Fees: \$25.00/year membership

Description: The organization has an annual scoring night on the second Saturday in January at the Festival Centre in Plamondon to display antlers and to hand out prizes to members on a luck of the draw basis. There are prizes for largest white tail deer, mule deer, black bears, elk, etc and these major prizes are drawn out to members only.

Plamondon Pioneer Club

Box 560,

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-3239

Contact(s): Denis Menard, President

Alvine Menard- Secretary Treasure 780-798-3055 Geraldine Villeneuve – Director 780-798-2588

Hours: Monthly meetings
Access: walk-in, mail, phone
Area: Plamondon and District

Clients: Club Members

Fees: \$5.00 per year per person depending on service

Description: Drop in Center is located in building behind the Catholic Church on the main street. Members drop in regularly to socialize or play pool, shuffleboard, carpet-bowling, and floor curling & other games. A meal is served Thursdays at noon from October to May. The hall is used for funeral lunches and Family Clinics the 2nd and 4th Wednesdays of each month when a Public Health Nurse is available. The hall is also available by service groups. For bookings please contact Geraldine Villeneuve at 780-798-2588.

Date last updated: May 2012

Plamondon T.O.T.S. (Time Out to Socialize)

(Plamondon TOTS)

Box 750

Plamondon, AB T0A 2T0

Phone(s): 780-623-3168

Contact(s): Amanda Plamondon

Hours: Thursdays 9:00 a.m.-11:30 a.m.

October to May (Subject to Change)

Area: Plamondon and surrounding area

Access: walk in

Clients: Parents/ caregivers & their children 0-5 years

Fees: \$20.00 per year or \$2.00 drop in fee, plus take turns providing snacks and

opening and closing

Description: We are a non-profit volunteer group that provides the opportunity for moms, dads, or caregivers and their children ages 1-5 to meet together and socialize and have fun. Parents or caregivers have the chance to establish a support network of friends and a much needed weekly outing. Children are provided with a large indoor area to run around in and play with toys, as well as the opportunity to develop their social skills. We all work together to make T.O.T.S. happen as well as helping to provide snacks, help set-up, and clean-up. T.O.T.S. is held at the Philip Menard Centre.

Portage College

Box 417 9531 94 Avenue

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5551 or 780-623-5580

Toll Free: 1-866-623-5551 *Fax:* 780-623-5639

E-mail: <u>info@portagecollege.ca</u>
Website: <u>www.portagecollege.ca</u>
Contact(s): Admissions office

Hours: Office Hours: 8:15 a.m. - 4:30 p.m. Monday through Friday except Statutory

holidays.

Area: Portage College offers quality educational programming through the main

campus in Lac La Biche and community campuses in Bonnyville, Cold Lake,

Saddle Lake, St. Paul, Vegreville and Wainwright.

Access: walk-in, appointment, phone, fax or e-mail Clients: Some academic requirements may apply

Description: As a post secondary institution, the college offers adult basic education, university and college entry preparation, employment entry and career programs.

Date last updated:

Portage Pool

Box 1679

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-6777 *Fax:* 780-623-5615

E-mail: poolstaff@laclabichecounty.com

Contact(s): Katie Crysdale Aquatic Services Coordinator

Hours: Call for information

Area: Lac La Biche & surrounding area walk in, mail, phone, fax, e-mail

Clients: General Public

Fees: Admission and/or Program Fees

Description:

Portage Pool offers public swim times and swimming lessons. Please call for the most up-to-date hours and programming. The pool is closed on sattutory holidays.

Date last updated: June 2014

Program for Adult Learning

Box 1934

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623- 2477 *Fax:* 780-623- 2477 *e-mail:* llbpal@telusplanet.net

Contact(s): Colleen Pierce, Coordinator

Website: www.nald.ca/llbpav

Hours: Open Mon- Wed. 11:00 p.m. -4:00 p.m.

(Also open at other various times)

Access: 10020-102 Ave, behind Ginger House Restaurant

Clients: Public

Fees: No charge for services.

Description: This volunteer organization works to provide: tutoring on a one to one basis; learning materials that are adult orientated; learner and tutor work at their own pace without the confines of a rigid curriculum; learner and tutor make their own arrangements for sessions.

Confidentiality is ensured. Small classes for English as a Second Language are arranged if

needed. Also run family literacy projects intermittently throughout the year. Free workshops available for organizations on, literacy awareness and plain language. Literacy audits are also available.

Date last updated: May 2012

Public Legal Education

Box 417, 9531- 94Avenue Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5680

Toll Free: 1-866-623-5551 ext. 5680

E-mail: public.legal@portagecollege.ca or, <u>shelley.jackson@portagecollege.ca</u>

Contact(s): Shelley Jackson, Program Coordinator

Website: <u>www.pleonline.ca</u>
Hours: 9:00 a.m.-3:00 p.m.
Area: Northeastern Alberta

Access: Phone, e-mail, and appointment

Clients: General Public

Fees: none (subsidized fee may apply to some seminars) Date last updated: May 2012

Public safety Canada Public Inquiry Line-1-800-830-3118

Website: www.publicsafety.gc.ca Date last updated: June 2014

Recreational Rhythmic Gymnastics

(See Listing for Lac La Biche Dance Society)

Red Cross Emergency Response

Phone(s: Edmonton Office: 1-780-423-2680

After Hours: 1-888-800-6493 (Toll Free)

Website: www.redcross.ca

Area: Lac La Biche and area

Description: Red Cross Emergency Responder: teams of volunteers work directly with their local fire department (in the region) and respond to fire and disaster calls as required. The Red Cross assists people left homeless in the after math of a disaster. Team members are called upon to provide essential services, such as shelter, food, clothing and personal services. Team members also provide contact numbers to the evacuees to help them contact other agencies to re-establish themselves. All team members receive specialized training from the Red Cross and are certified in First Aid and CPR.

Date last updated: June 2014

Rich Lake Golden Age Pioneers

Box 7, Site 3 St.Lina, AB T0A 2Z0 *Phone(s):* 780-726-2225

Contact(s): Carmen Elliot, President

Eileen Schoff, Treasurer/ Secretary

Hours: Active all year round, regular monthly meetings (usually every second Sunday in

the afternoon)

Area: Rich Lake, Elinor Lake, Normandeau and St. Lina

Access: Walk-in, mail or phone

Members: anyone over the age of 50 or anyone wanting to use or rent facilities. Fees: Facility rental-\$75.00 for rentals, Membership-\$5.00/per person

Description: The Pioneers is a senior citizen's organization located at the recently updated and expanded community center in Rich Lake. Activities include: ladies meet for sewing and fellowship once a week in winter for TOPS on Tuesdays; pot luck supper (usually once a month); floor curling every other Wednesday night, and fun day once a year involving seniors of the area. Date last updated: June 2014

Rich Lake Recreation and Agricultural Society

Box 40, Site 5

St. Lina, AB T0A 2Z0

Phone(s): 780-726-2857 Don Kossey, President Contact(s): Debbie Vezeau, Secretary 790 646-6452

Website: google.com/site/richlakerecandagsociety (lists of full details of what Society

offers)

Hours: Monthly meetings, every month on the second Monday at 7 p.m.

Area: Elinor Lake to Beaver River, Briarville to eastern boundary of the county

Access: walk in, mail, phone

Clients: Area residents and the general public

Fees: \$5.00/year for Society Membership. Facilities rental rates listed on the website or contact the society by phone or email.

Description: The communities of Rich Lake and Elinor Lake are located about 60 km. south of Lac La Biche and serve a recreation population of about 366 people... This active and vibrant society has a new outdoor rodeo arena were they hold a number of different horse events and rodeos. They are in the process to develop an Indoor Agricultural building. There is also the Agricultural grounds with porta-potties included, Rich Lake concession stand with equipment and one ball diamond. The Society also hosts many events such as barbecues, quad rally, snowmobile rally, horse show, trail ride, ranch rodeo, rodeo, junior gymkhanas and other social events on a yearly basis.

Road To Hope

Box 182 Athabasca, AB T9S 2A3

Phone(s): 780-327-9442

Contact(s): Madena Reimer, Transpotation Coordinator

Jan Overacker, President

LeRoy Overacker, Treasurer

Area: Athabasca and Lac La Biche Counties

Access: Phone

Clients: People requiring cancer treatment

Fees: Free

Description: Our mission is to provide transportation and support to individuals undergoing cancer treatment.

Date last updated: June 2014

Royal Canadian Army Cadets – Lac La Biche 15 Field Amb

Box 2430

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-2999 (office)

Email: admin.2994army@cadets.gc.ca

Website: www.cadets.gc.ca

Contact(s): Lt. Lance Cyre, 780 212-0566

Second Lt. Debbie Cyre, 780 212-0770

Cost: No fees

Description: In Lac La Biche the Cadets meet Thursday from 6:45 p.m. to 9:15 p.m. at the Jubilee Hall. This is a program for boys and girls ages 12 to 19 years. The program promotes leadership, citizenship, physical fitness and general knowledge of the Canadian Armed Forces. This youth organization has a summer camp, international travel, camping, outdoor adventure training, first aid, shooting, marksmanship, canoeing and music band. High school credits can be earned through this program; uniforms are supplied; volunteer opportunities. GREAT ADVENTURE.

Date last updated: June 2014

Royal Canadian Legion- Lac La Biche (McGrane Branch #28)

Box 114

10101 Churchill Drive

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4334

Contact(s): Larry Lyons, President

Shauna Canady, Manager Dave Williams, Treasurer

Website: www.legion.ca

Hours: Wed/Thurs 4-9 p.m., Fri 4-11 p.m., Sat 4-9 p.m.

Clients: Members, guests, and the general public

Date last updated: June 2014

Royal Canadian Legion: Ladies Auxillary Lac La Biche

Box 114

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4334

Contact(s): Stella Scott -780-623-4791

Hours: General meeting, 2nd Tuesday of the month at 7:00 p.m.

Area: Lac La Biche and area

Access: Mail or phone Clients: see description Fees: \$5.00/year

Description: Membership is open to ladies over 18 years of age. Support all Legion activities and provides catering to special events and funerals. Fundraising is also used to support local community organizations. Social activities include: all Legion sports/activities and Friday night barbeque steak supper at the Legion. Date last updated: May 2012

Royal Canadian Mounted Police- Lac La Biche Detachment

11 Nipewan Road Lac La Biche, AB T0A 2C0

911 EMERGENCY Phone(s):

780-623-4380 (24 hour complaint line)

780-623-4012 (administration)

Fax: 780-623-2588

Front Office: Mon-Fri 8:00 a.m 5:00 p.m., Closed Sat and Sun. Hours:

Lac La Biche, Rich Lake, Kikino, Wandering River, Plamondon, Heart Lake Area:

First Nation, Beaver Lake Cree Nation, Owl River

Walk-in or phone Access:

General Information no fee Fees:

Criminal Record Check no fee.

Description: In addition to the regular law enforcement services the R.C.M.P are also involved with the Youth Justice Committee, provide a school liasion member, host a Native Summer Student Program and provide an Auxillary Constable Program. Programs have been offered or have been sponsored by the R.C.M.P include Victim Services, Citizens on Patrol (COPS), Crime Prevention Programs, Safe and Courteous Driver Award Program, DARE (Drug and Alcohol Resistance Education), Rural Crime Watch, and Safer Highway Initiative for highways 881 and Date last updated: June 2014

Royal Purple – Lac La Biche

Box 1777

Lac La Biche, AB T0A 2C0

Contact(s):

Lucille Happner 780 623-7832, Hounored Lady

Louise Beatch, Secretary, 780 623-7419

Monthly meeting, 3rd Wednesday of the month at 7:00 p.m. Hours:

Lac La Biche Area: Mail or phone Access:

Clients: open to all women/men

\$40.00/year for membership Fees:

Description: The Royal Purple has various social activities for its members as well as fundraising. Fundraising is through bingos/casinos. The money raised supports local and Provincial charitable organizations. Date last updated: May 2012

St. Andrews Anglican Church of Lac La Biche

Box 242, 10103 Churchill Drive

Lac La Biche, AB T0A 2C0

Mary Lehoux 780 623-6503 Contact(s):

Carol McArthur-780-623-7543

Email: mlehoux1@telus.net

Area: Lac La Biche area & Rich Lake

Access: Walk in, mail, phone, by appointment, email

Clients: No restrictions

Fees: None

Description: Worship Services every Sunday at 10:30 a.m. at St. Andrew's in Lac La Biche, on Churchill Drive; and at St. Mary The Virgin - Rich Lake, at 2 p.m. second and fourth Sundays of the month.

Date last updated: June 2014

St. Catherine's Catholic Church

Box 930

10103-Sir Winston Churchill Drive

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4371 *Fax:* 780-623-4704

Contact(s): Father Casmir Moubike, Priest

Darlene Murphy, Secretary

Hours: Office- Mon-Fri. 8 a.m. – 12 noon.

Area: Lac La Biche, Hylo/Venice, Heart Lake, Owl River, Elinor Lake, Beaver Lake,

and Kikino Metis Settlement.

Access: Walk-in, by appointment, phone

Clients: For the public

Description: Spiritual Service at St. Catherine's (Lac La Biche), St. Anne Parish (Venice) and Beaver Lake Mission. Confessions Saturday at 6:30 p.m., sick calls, Certificates (during office hours). Meeting regularly are the, Catholic Women's League (CWL), choir (Wed. evenings), Catechism classes, and the RCIA (for instruction in the Catholic faith). Call the office for information on places and names of co-ordinators.

Date last updated: May 2012

Scouts Northern Lights Council

14205-109 Avenue

Edmonton, AB T5N 1N5

Phone(s): 780-454-8561

Fax: 780-451-5333

Toll Free: 1-800-480-2054

Contact: for Whispering Lakes Area: Ken Lausen Ext. 245

Local program: operated by Lakeland Scouting Group

Hours: Weekly meetings for Beavers, Cubs, Scouts and Venture Group

Fees: Approxamatly \$185.00 per year

Registration: late August and early September for the coming year but members accepted

through the year. Watch for ads in the POST, posters and pamphlets in the

community. Current information available at www.nlc.scouts.ca

Description: Scouts is a program aimed at ages 5 years and up, developing & promoting skills in leadership, physical fitness, cooperation and citizenship through both individual and group activities. BEAVERS are for 5–7 years of age; CUBS is for 8–10; SCOUTS is for 11-14; VENTURERS is 14–17; ROVERS is for 18-25. Boys and girls are welcome to join.

Solicitor General & Public Security (Community Corrections)

Lac La Biche Sub-Office

Box 666, Provincial Building

9503 Beaverhill Road

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5233 *Fax:* 780-623-5491

E-mail: hilary.schick@gov.ab.ca, onley.tugwell@gov.ab.ca

Contact(s): Hilary Schick, Correctional Service Worker/ Probation Officer

Onley Tugwell, Correctional Service Worker/ Probation Officer

Hours: Mon, to Fri. 8:15 a.m-4:30 p.m. Closed from 12:00 p.m.-1:00 p.m. for lunch

Area: Lac La Biche, Beaver Lake, Boyle, Buffalo Lake, Kikino, Plamondon,

Wandering River, Heart Lake and surrounding areas

Access: Walk in, mail, phone, appointment, fax, e-mail Date last updated: June 2014

Senior Mens Hockey

Box 283

Plamondon, AB T0A 2T0 *Phone(s):* 780-798-2263

Phone(s): 780-798-2263 *Fax:* 780-798-2263

Contact(s): Real Ulliac- Manager

Greg Gauthier- Trainer

Operation: October- March

Area: Plamondon, Lac La Biche, Athabasca, Boyle

Fees: Annual team fee

Description: Senior Recreation Hockey League. Weekly games and tournaments.

Date last updated: May 2012

Societé des Parents pour l'Education

Box 695

Plamondon, AB T0A 2T0

Phone(s): 780-798-3000

Contact(s): Debbie Cyre, President

Chantal Turgeon, Vice President

Hours: Four to six meetings a year

Area: Plamondon, Lac La Biche, Boyle, Athabasca and surrounding areas

Access: Mail or phone

Client: Francophone families/individuals

Fees: none

Description: This group has a mandate to provide a Francophone school and to provide support to the Francophone school for cultural/educational opportunities. We also have, in the basement of l'ACFA, a resource center that has books, videos, C.D's for all ages. These are available to the public.

Date last updated: May 2012

Stuart McPherson Public Library

Box 2039

Bold Center 101 8702 91 Avenue

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7467 *Fax:* 780-623-7497

E-mail: <u>headlibrarian@stuartmacphersonlibrary.ca</u>
Website: www.stuartmacphersonpubliclibary.ca

Contact(s): Maureen Penn, Director, Library Services

Hours:

Area: Lac La Biche and Lac La Biche County

Clients: All welcome

Fees: Adult \$15.00 per year

Senior(60)+ \$5.00 per year Students(18)+ \$5.00 per year Youth (0-17) –Free of charge

Stuart MacPherson Public Library is located at the Bold Center in Lac La Biche. We offer a vast array of programs for all ages, as well as many various materials to borrow, ie: books, movies and music. Free Internet and Wi-Fi is available to all members of the public, with study rooms and proctoring of exams available as needed. Materials in different languages available in house, as well as English as a Second Language collection. Our membership grants you access to collections around the province with no added charge.

Date last updated: June 2014

Successful Families-Successful Kids (Northern Lights School Division)

Box 870

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-4414 *Fax:* 780-623-4041

E-mail: <u>jana.mckinley@nlsd.ab.ca</u>
Contact(s): Jana McKinley, Coordinator

Janice Fulawka, Director of Inclusive Education and Community Supports

Hours: 8:30 a.m.-4:30 p.m.

Areas: Kikino School. Caslan School, Aurora Middle School, and Vera M. Welsh

School, Cold Lake Middle School, ans North Star Elementary in Cold Lake.

Access: Walk in, mail, phone, appointment, fax, e-mail

Clients: Families with children/youth in any of the six project school sites plus

community members

Fees: No cost

Description: "Successful Families-Successful Kids" is one of 37 projects in the province-wide 'Mental Health Capacity Building in Schools' initiative that is funded by Alberta Health. The program employs a Wellness Coach at each of the project schools, We focus on mental health prevention and promotion activities with families, children and youth in the community.

Date last updated: June 2014

Suicide Prevention

Toll-Free Rural Crisis Line 1-800-232-7288

400 10025 106 Street Edmonton, AB T5J-1G4

Suicide Bereavement Phone: 780 482-0198

Office Phone: 780 482-0198

Fax: 780 488-1495

Email: admin@crisissupportcentre.com
Website: www.crisissupportcentre.com

Description: Serving Edmonton and Northern Alberta 24 hours a day, 7 days a week. We are here to listen and to help deal with the stresses of daily life and the situations that no one should go through alone. By phone and online (and in person in Edmonton), we are always available.

All calls are confidential.

Date last updated: June 2014

T.O.P.S (Taking off Pounds Sensibly)

Box 1474

Lac La Biche, AB T0A 2C0

Old Town Office in Plamondon Alberta

Phone(s):Claudette Dube780-623-3887

Website: <u>www.tops.org</u>

Contact(s): Fern Plamondon 780-798-2293 Hours: Wednesdays, 8:30 a.m. - 10:00 a.m.

Area: Plamondon, Lac La Biche, and surrounding area

Access: Walk-in, phone

Clients: Open to all interested individuals

Fees: \$32.00/year to international organizations includes T.O.P.S. Magazine

\$10.00/month to local chapter expenses

Description: This is a support group to help people/mentors in their journey to lose weight, eat healthy and learn good nutrition and exercise. Information/support members assist each other in learning over all healthy eating habits. Open to all members, male or female and teens. New members welcome!

Date last updated: May 2012

Tribal Chiefs and Family Community Services: Beaver Lake Sub-Office

Box 1147

Lac La Biche, AB T0A 2C0 *Phone(s):* 780-623-7750

Fax: 780-632-2758

Contact(s): Clara Gladue, Case Manager
Hours: Mon – Fri 8:30 a.m. - 4:30 p.m.

Area: Beaver Lake Cree Nation

Clients: Residents of Beaver Lake Cree Nation

Description: Services are contracted to Tribal Chiefs to provide and be responsible for child welfare services. We provide some intervention, and preventative community services. Our head Office is located in St.Paul, with sub-offices in Heart Lake and Whitefish Lake.

Date last updated: May 2012

Tribal Chiefs Child and Family Community Services: Heart Lake Sub-Office

Box 1147

Lac La Biche, AB T0A 2C0

 Phone(s):
 780-623-7705 or 780-645-6634

 Contact(s):
 Jamie Hunter-Quinn (Team leader)

 Hours:
 8:30 a.m. - 4:30 p.m. Closed for Lunch

Area: Heart Lake

Clients: Residents of Heart Lake

Description: Services are contracted to Tribal Chiefs to provide and be responsible for child welfare services. We provide some intervention and preventative community services. Our head office is located in St. Paul, with sub-offices in Beaver Lake and Whitefish Lake.

Date last updated: May 2012

Ukrainian Orthodox Church of All Saints

Box 514

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4189

Contact(s): Henry Pohranychny

Hours: one regular service/ month and special holidays

Area: Lac La Biche and area

Access: Mail, phone or by appointment

Clients: Anyone in need

Description: Spiritual Services including worship services, Bible Study, and fellowship/social gatherings.

Date last updated: June 2014

Vera M. Welsh Elementary School

Box 55 9912- 103 street

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4672 *Fax:* 780-623-2084

Website: www./veramwelshschool.ca

Contact(s): Dana Robb, Principal

Petronella Bouvier, Assistant Principle

Access: Northern Lights School Division #69

Clients: Grades 1-3, Kindergarden, and Early Intervention

Description: An elementary school serving grades K- 3., and Early Intervention.

Date last updated: June 2014

Wandering River Community Library

Box 8

Wandering River, AB T0A 3M0 *Phone(s):* 780-771-3939

Fax: 780-771-2117

Contact(s): Jan Batiuk-Head Librarian

Hours: Mon. 10:00 a.m. - 2:00p.m. Tues. 3:00 p.m. - 8:00 p.m.

Description: This Library is located in the school and is part of the Northern Lights provincial interlibrary loan system. July and August hours may vary.

Date last updated: June 2014

Wandering River Recreation Association

Box 90

Wandering River, AB T0A 3M0

Phone(s): 780-623-0945

Contact(s): Bernie Tynan, President

Hours: Monthly meeting on 3rd Wednesday

Area: Wandering River & district

Access: Mail, phone

Clients: Anyone in the community
Fees: Hall rental and skating fees

Description: This organization maintains the hall and the rebuilt skating rink. Hosts the New Year's Dance, Halloween Dance and also rents cross country skis to residents.

Date last updated: May 2012

Wandering River School

Box 30

Wandering River, AB T0A 3M0

Phone(s): 780-771-3939 *Fax:* 780-771-2117

Contact(s): Dan Coonan, Principal

Sandra St. Dennis, Secretary

Access: Northern Lights School Division #69

Clients: Kindergarden to Grade 6

Description: A small school facility that is also available for community functions.

Date last updated: June 2014

Wandering River Senior Society

Box 60

Wandering River, AB TOA 3MO

Phone(s): 780-771-3733 Contact(s): Vivian Aubee

Hours: Tues. mornings from 10:00 a.m.-12:00 p.m. Tues. evening 7:00 p.m.-9:00 p.m.

We are also open whenever the community has the need to utilize our services.

and Thurs. 9:00a.m. – 10:00 a.m.

Area: Wandering River

Clients: Sienior Citizen's and their families

Description: We are a very community minded organization and we offer various services to our community such as, the operation of the food bank, Santa's Anonymous, and make contributions to families in need. Crib tournaments are held on the first Friday of every month. We also host school lunches every 3rd Thursday of the month

Date Last Updated: June 2014

Wandering River Women's Institute (WI)

Box 60

Wandering River, AB T0A 3M0

Phone(s): 780-771-3733 Contact(s): Vivian Aubee

Hours: Monthly meetings second Thursday of the month at 1:00 p.m.

Area: Wandering River

Clients: Anyone is more than welcome

Description: Services to Wandering River residents like fire victims and other community services. Supports the school library, contributes to volunteering in the school and in the community for whatever services are needed. Hosts the hot lunches in school once every month, and; make referrals to and contributes to the food bank and Santa's Anonymous. Not for profit and very community minded. CELEBRATING 50 years in Wandering River.

Date last updated: june 2014

Waskaysoo Community Food Bank

Box 2338

(located at the Canadian Native Friendship Center on Sir Winston Churchill Drive.)

Lac La Biche, AB T0A 2C0

 Phone(s):
 780-623-3249

 Fax:
 780-623-1846

 Contact:
 Erin Thomas

Hours: Every Wednesday 10:30 a.m.-3: 30 p.m. Closed 12 noon- 1 p.m.

Description: Open to all people in need, the food bank is operated out of the Friendship Center on Wednesdays.

Date last updated: June 2014

William .J. Cadzow Health Center

Box 507

9110 93rd Street

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-4404 *Fax:* 780-623-5904

Website: www.albertahealthservices.ca

Contact(s): Gisland Moehrle, Healthcare Centre Manager

Hours: Acute Care Services 24 hours

Emergency services, 24 hours

Area: Lac La Biche and area walk- in, mail, phone

Clients: Open to all

Description: This Health Center has 23 Acute Care beds providing 24 hour acute care and 24 hour emergency services. Other on-site services are physiotherapy, occupational therapy, a dietician and respiratory therapy.

Date last updated: May 2012

William .J. Cadzow Health Center- Continuing Care Facility

Box 507

9110-93 Street

Lac La Biche AB T0A 2C0

Phone(s): 780-623-4404 *Fax:* 780-623-5960

Contact(s): Brenda Fyith, Head Nurse

Description: This facility has 39 continuing care beds and 1 respite bed. It is physically integrated with the William .J. Cadzow Health Center in Lac La Biche. Call for more information.

Date last updated: May 2012

William J. Cadzow Hospital Auxiliary Association

Box 507

Lac La Biche AB TOA 2CO

Phone(s): 780-623-4404

Contact(s): Margo Caron, President

Olive Skakun, Vice President

Area: Lac La Biche County

Clients: Everyone

Description: To Assist the Wm. J. Cadzow Hospital in relation to patient care, by volunteer service and by financial contributions.

Date last updatedJune 2014m

Word of Faith Family Church

Box 1784

10206-103 St

Lac La Biche, AB T0A 2C0

Phone(s): 780-623-7602 *Fax:* 780-623-7148

Contact(s): Brad Boychuk, Pastor

Hours: Office hours Mon. to Fri., 9:30 a.m. - 4:00 p.m.

Area: Lac La Biche and surrounding area.

Access: appointment, phone, fax

Clients: open to public

Fees: none

Description: Sunday Services at 10:30 a.m. as Kids of Faith Children's Church. Wednesday evening Bible study at 7:00 p.m. Sunday services at 10.30 am, kids of faith children's church 11.15am, Wednesday evening bible study at 7.00pm.

Date last updated: June 2014

Youth Assessment Center

North Central CFSA,

Box 1089, 9540 94 Avenue, Lac La Biche, AB T0A 2C0

Phone(s): 780-623-5266 *Fax:* 780-623-5364

Contact(s): Shawn Miller, Program Manager

Coreen Gamblin-Program coordinator

24- hours- residential facility

Access: Human Services CFSA
Clients: Children aged 12- 17

Description: A Residential Treatment Center for youths. Services provided by Youth Assessment Center include; a) basic physical, medical and emotional care; b) crisis intervention and short term residential care; c) Therapeutic treatment based on an in- depth observation of the youth.

Date last updated June 2014

COMMUNITY SERVICES DIRECTORY for LAC LA BICHE Updating Form

- Use this form to correct or update information already contained in the directory, or to inform us of programs or services you think should be included in this directory.
- Use a different profile sheet for each program.
- Make as many photocopies of this page as you need.
- There **MUST** be a phone number or address listed or some way to contact the organization or program. **If not, it will not be included in the Directory**.
- It is important that someone responsible for each organization or program listed has given permission for entries and names to be used in the printed Lakeland Link Directory and subsequent internet site. A signature must appear at the end of the form.
- Please complete all the boxes below no matter how insignificant they may seem.
- Please mail/fax or deliver the completed updating sheet to one of the addresses indicated on the back of this page.

Program name					Check the
(if applicable)					
Official name of	used in the				
agency/organization					Directory.
Mailing address (used for				Village/Town/City	Postal Code
delivering i.e. box number)					
Street Address				Village/Town/City	Postal Code
(physical location)					
Telephone Number(s)	Fax Number(s)				
E-MAIL:	WEBSITE:				
Contact Person(s)	Name		Position in C	rganization	
Contact Person(s)		Name		Position in Organization	
Regular or seasonal hours of operation					
Geographical area served					
How can services be accessed (how can people	walk in	mail	phone	appointment fax	E-mail
contact you?)	other:				
Who can use your					
services (are there any					
eligibility restrictions?)					
Fees or charges					

Description of Service,		
Organization or Program:		
(it is very important that		
this section be completed)		
 Describe what your 		
agency/organization does.		
• List the programs and		
services you offer.		
 Describe any special 		
circumstances or pertinent		
details that would be		
helpful to know.		

As a representative of the above agency/organization, I authorize Lac La Biche County FCSS to include information on this agency/organization in the Community Resources Directory resource data base, both the printed version and on the Internet site. To the best of my knowledge, the above information is accurate.

Signature:	Date:	

The Community Resource Directory reserves the right to edit entries for space, clarity, and format and to verify the information provided on this sheet. Every effort will be made to ensure accuracy; however, we assume no responsibility for errors or omissions.

Return to:

Lac La Biche County: Family & Community Support Services
Box 1679

Lac La Biche, Alberta T0A 2C0

Phone: 780-623-6745/780-623-6763 Fax: 780-623-3510