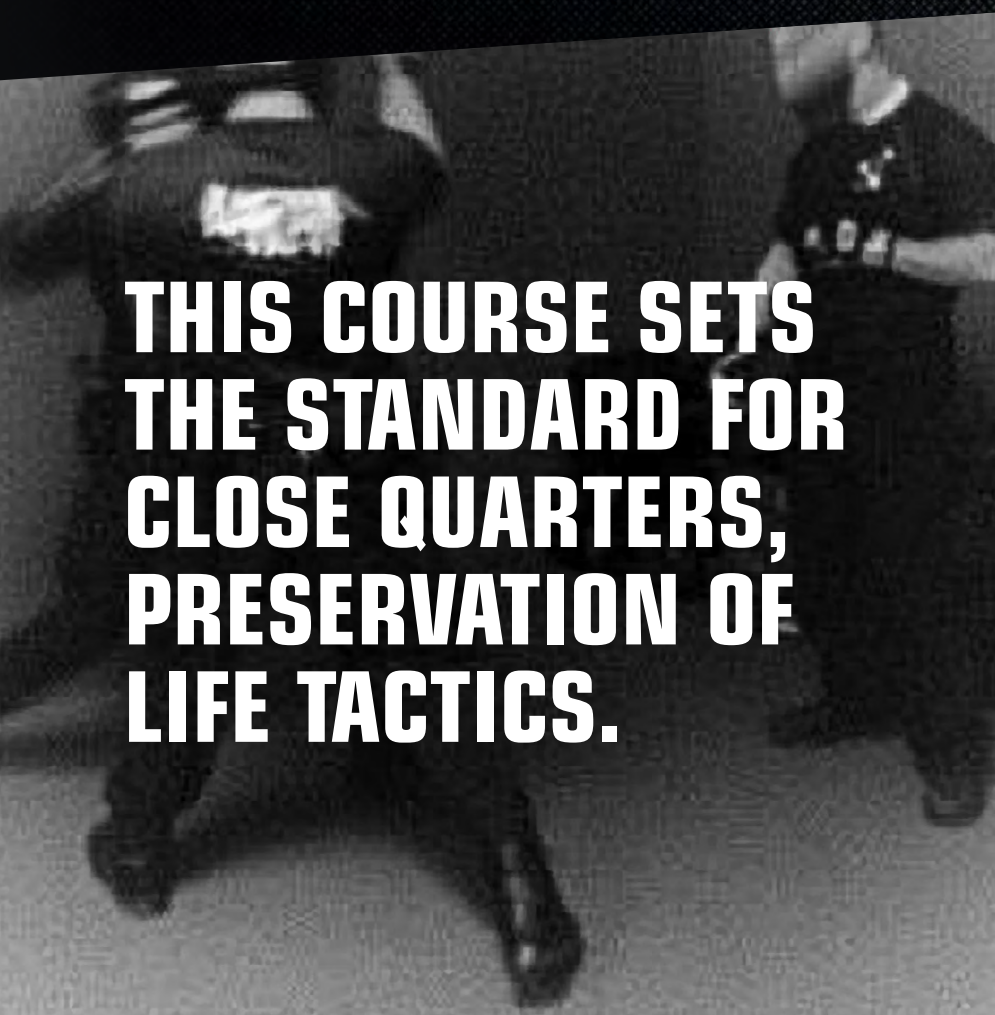CANADIAN INNOVATIVE PROTECTIVE SOLUTIONS (CIPS INC.) AND
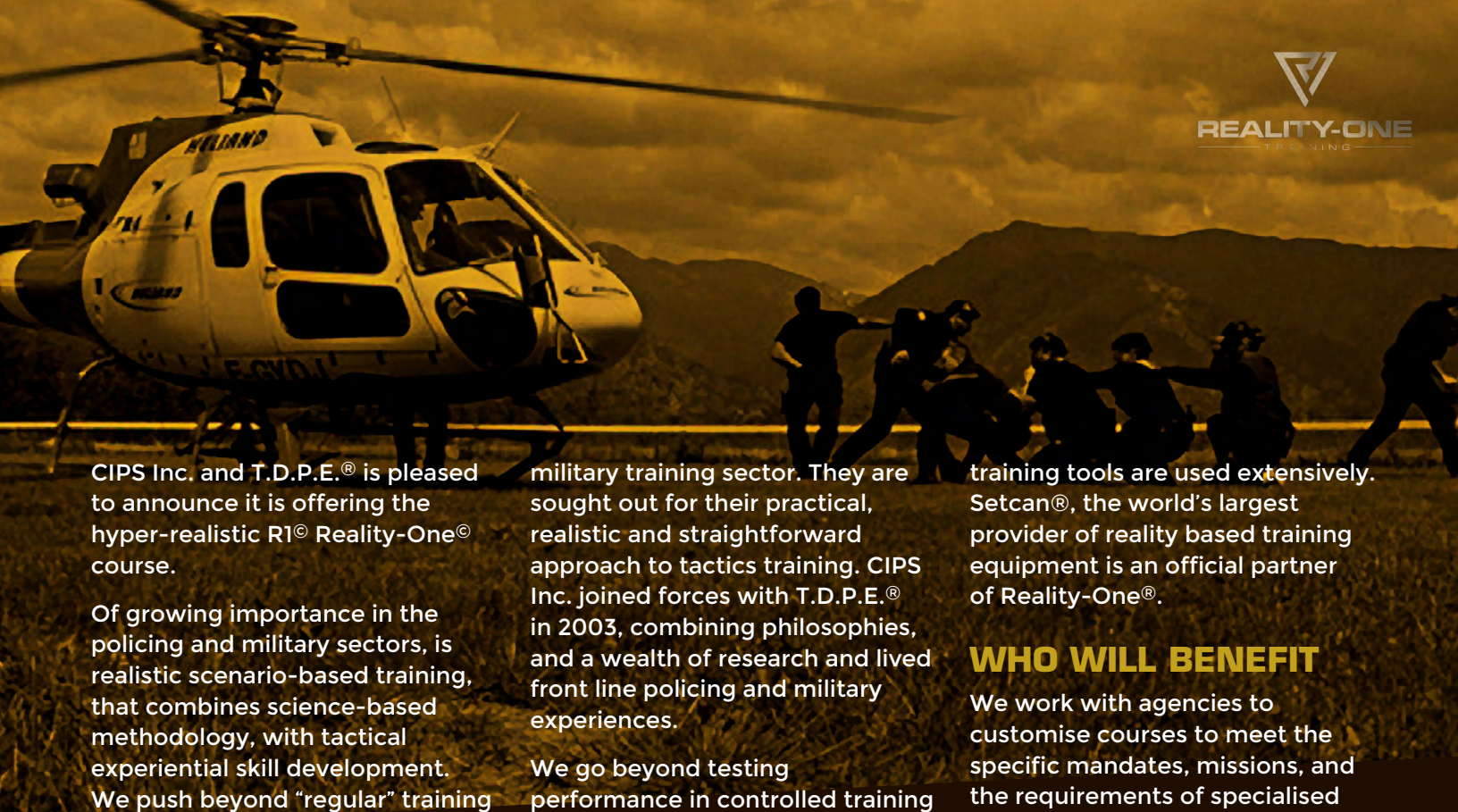T.D.P.E.® RESEARCH AND TRAINING CENTRE (SPAIN) PRESENTS

REALITY-ONE
TRAINING

THIS COURSE SETS THE STANDARD FOR CLOSE QUARTERS, PRESERVATION OF LIFE TACTICS.

IMPACT ON PARTICIPANTS

» **GAIN HIGH LEVELS OF COMPETENCE** and confidence in dealing with violent, spontaneous attacks.

» **ENHANCE AND AUGMENT EXPERTISE** by critically assessing past training and strengthening tactical strategies.

» **DEVELOP PRACTICAL SKILLS** empty hands, disengagement and weapon transition techniques.

» **EXCELLENT TEAM BUILDING OPPORTUNITY** for small teams and specialized units.

» **PERSONALLY CHALLENGING** and a great «gut check» for participants to assess their own abilities in difficult and dangerous situations.

CIPS
CANADIAN INNOVATIVE PROTECTIVE SOLUTIONS
INC
PROTECTIVE SOLUTIONS BASED ON CLIENT NEEDS

CIPS Inc. and T.D.P.E.® is pleased to announce it is offering the hyper-realistic R1© Reality-One© course.

Of growing importance in the policing and military sectors, is realistic scenario-based training, that combines science-based methodology, with tactical experiential skill development. We push beyond "regular" training to provide participants with better reflexes for when they are in real life worst case scenarios.

The R1© Reality-One© program offers an intense, realistic, and extremely challenging 3 day course. Attendees will learn how to manage imminent and grievous threat-to-life situations while in close quarters, and when dealing with realistic situations. We replicate the types of worst case scenarios that are encountered in the line of duty.

REALITY-ONE© TRAINING

Reality-One© is a concept developed by the T.D.P.E.® Research and Training Center. They have been delivering reality-based use of force training since the early 90s and are renowned in the international police and

military training sector. They are sought out for their practical, realistic and straightforward approach to tactics training. CIPS Inc. joined forces with T.D.P.E.® in 2003, combining philosophies, and a wealth of research and lived front line policing and military experiences.

We go beyond testing performance in controlled training environments, by using realistic attacks and unique scenarios. All techniques taught in the course fall within the law and lawful authorities.

Examples of situations encountered in training may include edged weapons encounters, ground situations, confined environments, multiple assailants and close-quarters firearms engagements.Training is conducted for a variety of possible environments and conditions.

This course is physically and mentally demanding and therefore a focused state of mental commitment and operational physical readiness is a requirement. We provide protective equipment for all scenarios and exercises. StressVests®, Shocknives® and other reality-based use of force

training tools are used extensively. Setcan®, the world's largest provider of reality based training equipment is an official partner of Reality-One®.

WHO WILL BENEFIT

We work with agencies to customise courses to meet the specific mandates, missions, and the requirements of specialised teams. The course can be delivered at an agency's location, as a closed course or open to other partner agencies. A hosting arrangement allows for significant savings to the host agency.

R1© Reality-One© training is open to front line professionals responsible for preserving their own life while on duty, including:

» police
» undercover
» close protection
» patrol
» corrections
» peace officers
» military
» tactics training instructors
» wildlife and conservations
» emergency response team

THIS TRAINING WILL IMPROVE YOUR PHYSICAL AND MENTAL PREPAREDNESS WHEN ENCOUNTERING EXTREME SITUATIONS IN THE LINE OF DUTY.

INSTRUCTORS

All Reality-One© instructors are hand-picked for their experience and instructional ability. All are active duty police, retired police, or military operators. Instruction is delivered in a respectful, responsible manner, while ensuring that attendees understand and assimilate all techniques and skills.

CANADIAN INNOVATIVE PROTECTIVE SOLUTIONS INC. (CIPS INC.) was established in 2002 by owner/founder Mark Bloxham. CIPS inc. is a comprehensive public safety training and consulting company. With over 20 years of experience, we have served over 800 private and public client agencies and companies. We have developed a reputation, nationally and internationally, for offering professional and specialised training solutions for clients. Training is custom tailored to meet the many unique needs of clients whether that includes protective solutions, consulting, or education.

THE T.D.P.E.® RESEARCH AND TRAINING CENTER has a long history of commitment to the research and development of training applied to security professionals for the appropriate use of force. T.D.P.E.® has a team of professionals with the experience and training to research, develop and create training programs for the greatest legal and physical protection of professionals who, in turn, protect society.

▶ GENERAL THEORY

1. Theoretical presentation of the scientific basis of the R1© Reality-One© System: Realistic training is based on scientific studies that have tested officer responses against aggression. The scientific basis of the R1© system will be explored to provide an understanding of the technical program.

2. Technical presentation of the R1© program: Explores the technical structure that R1© adapted to improve officer and public safety.

3. The difference between athletic and police defence techniques: Attendees will learn how techniques learned in a gym setting do not always work in practice in a real violent encounter.

4. Legal application of use of Force: Examines use of force that is legitimately allowed by the Courts and that can be adapted to technical training.

▶ SKILL BUILDING & DYNAMIC PHASE

1. VERTICAL DEFENSIVE SYSTEM (Standing): All aspects of first defence responses when faced with a threat.

a. Medium-distance defence.

i. The Guard position.

ii. Theory of Frontiers: Created specifically for R1© instructors, this system aids in understanding the biomechanical mechanisms of the body's defensive structure.

b. Defence: Short Distance: This section includes instruction on Close Quarters Defence techniques including: against a wall, in a vehicle, in confined spaces, helping a third party, multiple assailants, and weapon transition, escalation and de-escalation.

c. Long-distance defence: This module develops skills in defence when an assailant is visible at a longer distance. Participants will learn a variety of techniques to approach and resolve a long distance attack.

d. Defence against Edge Weapons: Given high rates of knife attacks, this portion focuses on techniques that are effective and of minimum risk. This is accomplished through the use of Shocknife©, which stimulates the hormone stress response via electricity. This enables realistic knife self defence training while still being safe to use.

e. Ground Defence: This section prioritises physical skills and the legal framework appropriate for on ground defence. The techniques are designed and developed to be applied on hard ground and with the actual duty belt, equipment and uniform that participants use in their jobs.

2. FINAL CONTROL OF THE AGGRESSOR: R1© provides the skills and techniques to transition from defence to control.This includes defence of life using open hands, control and handcuffing techniques, and de-escalation with aggressive subjects.

3. DYNAMIC EXERCISES: This portion of the course puts participants into dynamic exercises of high intensity using a variety of reality based training aids, provided by Setcan® corporation.
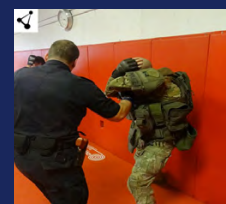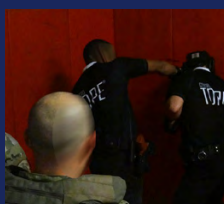
TESTIMONIALS:

" This training will not only push you physically, but it will help you overcome mental barriers as well. This training provided us with simple and effective techniques that we could easily apply in the real world to stay safe. Our team bonded as a result and we definitely grew much closer and stronger. I truly recommend it!"

— Undercover operations Sergeant, major Canadian Police Agency

" Reality-One© training brings in a perspective that prepares instructors to face the harsh realities of the violence that all officers must deal with. Their multi-faceted approach has given me more knowledge and skills than what I expected. How I deliver training and work in the field has changed for the better."

— JM. Law enforcement officer and trainer. 19 years service.

" I was fortunate to take Reality-One© training through my police agency. As a Tactics Instructor I have taken several types of training but the R1© program by far exceeded any training I have taken. Utilising a natural startle reflex to build upon skills was impressive as all movements using gross motor skills allow the student to learn quickly. In the training environment the skills are tested with full speed and power which showed that the skills learned were effective regardless of the officer›s size or experience. I recommend this training to all law enforcement as you will not be disappointed."

— P.D, female police tactics instructor with a major Canadian Police Agency. 20 years service.

ADMISSIONS CRITERIA:

» Currently employed in the public or private sector as a sworn peace or police officer or government-licensed security operator.

» A member of the Canadian Armed Forces.

» Any member of NATO, a nation from a public safety agency, or a military agency.

» Strong physical fitness and operational readiness.

NOTE: R1© Reality-One© Training is not available to the general public

FOR FURTHER INFORMATION PLEASE CONTACT:

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